

**NR 75A Course Outline as of Fall 1981****CATALOG INFORMATION**

Dept and Nbr: NR 75A Title: NR OF ADULT PATIENT  
 Full Title: Nursing Care of the Adult Patient  
 Last Reviewed: 4/3/2006

| Units   |      | Course Hours per Week |       | Nbr of Weeks | Course Hours Total |        |
|---------|------|-----------------------|-------|--------------|--------------------|--------|
| Maximum | 9.50 | Lecture Scheduled     | 6.50  | 17.5         | Lecture Scheduled  | 113.75 |
| Minimum | 9.50 | Lab Scheduled         | 9.00  | 17.5         | Lab Scheduled      | 157.50 |
|         |      | Contact DHR           | 0     |              | Contact DHR        | 0      |
|         |      | Contact Total         | 15.50 |              | Contact Total      | 271.25 |
|         |      | Non-contact DHR       | 0     |              | Non-contact DHR    | 0      |

Total Out of Class Hours: 227.50

Total Student Learning Hours: 498.75

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Concepts from Orem's self-care deficit theory are introduced. Relationships between these concepts and the nursing process: assessment, nursing diagnosis, planning, implementation and evaluation are explored. Emphasis is on physiological universal self-care requisites, such as: oxygenation, nutrition, elimination, fluid and electrolyte balance. Psychosocial concepts such as communication, coping, psychological reactions to illness are presented. The development self-care requisites are introduced with a focus on the geriatric client. Principles and concepts from the bio-psycho-social sciences are applied in planning and implementing basic patient care in clinical settings. Includes the historical development of professional nursing, concept of articulation, and strategies for handling conflict.

**Prerequisites/Corequisites:**

Admission to the ADN program; completion of W Exp 99 or CI 51 (50 hrs), HS chemistry or Chem 60; Anat 1 or 52, Physio 1 and HLC 55, Micro 5 or 60; completion of, or concurrent enrollment in, NR 78A and FDNT 62; completion of physical exam form; negative TB clearance; current CPR card; malpractice insurance.

**Recommended Preparation:**

Completion of Engl 100B or 1A is required for certificate; recommend taking prior to beginning program.

## Limits on Enrollment:

### Schedule of Classes Information:

Description: Orem's self-care theory & integrating these univ. self-care needs & deficits with nursing process in clinical & theory areas. (Grade Only)

Prerequisites/Corequisites: Admission to the ADN program; completion of W Exp 99 or CI 51 (50 hrs), HS chemistry or Chem 60; Anat 1 or 52, Physio 1 and HLC 55, Micro 5 or 60; completion of, or concurrent enrollment in, NR 78A and FDNT 62; completion of physical exam form; negative TB clearance; current CPR card; malpractice insurance.

Recommended: Completion of Engl 100B or 1A is required for certificate; recommend taking prior to beginning program.

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

|                      |                      |                      |                       |
|----------------------|----------------------|----------------------|-----------------------|
| <b>AS Degree:</b>    | <b>Area</b>          | Effective:           | Inactive:             |
| <b>CSU GE:</b>       | <b>Transfer Area</b> | Effective:           | Inactive:             |
| <b>IGETC:</b>        | <b>Transfer Area</b> | Effective:           | Inactive:             |
| <b>CSU Transfer:</b> | Transferable         | Effective: Fall 1981 | Inactive: Spring 2010 |
| <b>UC Transfer:</b>  |                      | Effective:           | Inactive:             |

## CID:

### Certificate/Major Applicable:

Certificate Applicable Course

## COURSE CONTENT

### Outcomes and Objectives:

1. With guidance, collects and records data base for each client who has a minimal need for assistance in meeting universal self-care and health deviation needs with predictable outcomes.
2. With guidance, assesses client to determine if universal self-care needs are being met and identify the presence of actual/potential health deviation needs.
3. With guidance, completes basic assessment tool consistent with expected level of achievement.
4. With guidance is able to identify actual/potential self-care deficits and state the deficit in nursing diagnosis terminology.
5. Given a client with predictable outcomes, with guidance, selects a nursing system.
6. Given a client with predictable outcomes, with guidance, develops a written plan of care utilizing a knowledge base consistent with expected level of achievement and establishes priorities based on self-care deficits.

7. Develops a nursing care plan (NCP) consistent with Level I NCP format.
8. With guidance, implements the selected nursing system for 2 clients with predictable outcomes consistent with expected level of achievement.
9. With guidance, performs basic nursing skills consistent with theoretical knowledge base and audit sheet criteria.
10. Applies principles of safety as identified on safety audit sheet.
11. With guidance, evaluates the appropriateness of the selected nursing system, the effectiveness of the NCP and therapeutic interventions at the expected level achievement.
12. With guidance, assesses client's basic self-care needs for health teaching based on potential/actual self-care deficits. Identifies appropriate resources for resolution.
13. With guidance, plans and implements clients teaching consistent with expected level of achievement and agency policy.
14. With guidance, evaluates client response to teaching consistent with expected level of achievement.
15. With guidance, communicates:
  - A. In writing on a client's chart, consistent with audit sheet criteria.
  - B. Effectively with assigned clients and health care team members using problem solving, goal-directed communication skills.
  - C. Pertinent information to staff, instructor, and client, clearly concisely and within appropriate time frame ensuring client safety.
  - D. Change of shift report.
16. Identifies education needs and seeks appropriate guidance.
17. With guidance, demonstrates behaviors consistent with school and health care agency policies, professional ethics and legal parameters consistent with expected level of achievement.
18. With guidance, utilizes self-care concepts as they relate to universal self-care needs, developmental, cultural and spiritual needs.
19. Describe the historical development of professional nursing.
20. Describe the concept of articulation with a four-year college or university.
21. Utilize effective strategies for handling conflict.

### **Topics and Scope:**

1. Introduction to Professionalism
  - A. Orem's self-care deficit theory of nursing
  - B. Historical development of professional nursing
  - C. Articulation
  - D. Conflict management
2. Introduction to Nursing Process
3. Introduction to Universal Self-Care Requisites
  - A. Elimination
  - B. Nutrition
  - C. Oxygenation
  - D. Protection

- E. Regulation
- F. Interaction
- G. Fluid and electrolytes
- H. Rest and activity
- 4. Introduction to Developmental Self-Care Requisites
- 5. Introduction to Pharmacology

### Assignment:

1. Preparation for clinical assignments by reviewing patient's chart: collecting data base, completing pathophysiology form, assessment tool, and researching medication and treatment skills - approximately 4-6 hours per week.
2. Written nursing care plans (4 pages per plan) 4-5 plans per semester. Includes data collection, data analysis, development of plan for nursing care with specific interventions and evaluation of effectiveness.
3. Completion of two-page assessment tool, approximately 15 per semester.
4. Viewing selected videotapes in CHEC, 10-15 per semester.
5. Viewing selected CAI program in CHEC, 1-2 per semester.
6. Present patient situations for discussion in post clinical conferences (approximately 1 hour presentation per student per semester).
7. Analysis of patient care situations. In group setting, approximately 8-10 per semester.
8. Reading assignments, 70-350 pages per week.
9. Written process recording, one per semester, 2-3 pages per recording.
10. Written crisis assessment tool, one per semester, 1 page per tool.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Exams

Problem solving  
10 - 30%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations  
0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, SHORT ANSWER ESSAY

Exams  
85 - 95%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

WRITING IS AN ESSENTIAL PART OF THE CLINICAL COMPONENT WHICH IS GRADED ON A PASS/FAIL BASIS.

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

FUNDAMENTAL OF NURSING, 2nd ed., by Potter and Perry. Mosby Co., 1993

SELF-CARE DEFICIT THEORY OF NURSING by Munley and Sayer. P.F.H. Associates Inc., 1979

LABORATORY AND DIAGNOSTIC TESTS WITH NURSING IMPLICATIONS by J. Kee. Appleton and Lang, 1991

MEDICAL-SURGICAL NURSING by Lewis and Collier. McGraw-Hill Co., 1992

CLINICAL PHARMACOLOGY AND NURSING by Baer and Williams. Springhouse, 1992

PRINCIPLES AND PRACTICE OF PSYCHIATRIC NURSING by Stuart and Sundeen. Mosby Co., 1994

DOSAGE CALCULATIONS by Gloria D. Pickar. Delmar Publishers, 1994