

CATALOG INFORMATION

Dept and Nbr: ATHL 28

Title: WOMEN'S VARSITY SOCCER

Full Title: Women's Varsity Soccer

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	2.00	Lab Scheduled	10.00	17.5	Lab Scheduled	175.00
		Contact DHR	0		Contact DHR	0
		Contact Total	10.00		Contact Total	175.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 175.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 63

Catalog Description:
Practice for and participation in intercollegiate competition, emphasizing skills, fundamentals and strategies.

Prerequisites/Corequisites:
Health and Safety.

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Practice for & participation in intercollegiate competition; emphasizing skills, fundamentals & strategies. (Grade or P/NP)
Prerequisites/Corequisites: Health and Safety.
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:

IGETC:	Transfer Area	Effective:	Inactive:
---------------	----------------------	------------	-----------

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
----------------------	--------------	------------	-----------	-----------

UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
---------------------	--------------	------------	-----------	-----------

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

At the end of the season the student will:

- I. Have developed advanced level skills and fundamentals for competition such as trapping, passing, and shooting.
- II. Have the knowledge to understand and analyze team and individual concepts and strategies of intercollegiate soccer competition.
- III. Have the knowledge and understanding about physical conditioning required for intercollegiate soccer competition.
- IV. Have the knowledge to develop their own conditioning and practice program necessary for competition.
- V. Have an understanding of the rules of intercollegiate soccer as they pertain to:
 - A. F.I.F.A.
 - B. California Community College Intercollegiate Competition

Topics and Scope:

- I. Pre-season Practice Routine
 - A. Physical conditioning
 - B. Review and repetition of techniques
 - C. Review of advanced tactics
 - D. Small sided games
- II. Pre-conference
 - A. Match preparation and team tactics
 - B. Intra squad competition
 - C. Tournament (s)
- III. Conference Competition
 - A. Analyzing competition
 - B. Individual and group tactics
- IV. Post Conference Competiton
 - A. Maintain physical fitness level
 - B. Review individual skills and team tactics

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams, PRACT. AND COMPET PERFORMANCE

Skill Demonstrations
25 - 60%

Exams: All forms of formal testing, other than skill performance exams.

WRITTEN SCOUTING REPORTS

Exams
10 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
25 - 60%

Representative Textbooks and Materials: