# **HLE 96 Course Outline as of Spring 2002**

## **CATALOG INFORMATION**

Dept and Nbr: HLE 96 Title: PREVENT & EDU ON ALC/DRG

Full Title: Prevention and Education on Alcohol and Drugs

Last Reviewed: 10/12/2020

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: HLC 299.40

### **Catalog Description:**

Reviews the history, theories, models and state-of-the-art approaches to alcohol and drug education and prevention.

# **Prerequisites/Corequisites:**

### **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100.

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Reviews history, theories, models and state-of-the-art approaches to alcohol and

drug education and prevention. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment: Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Spring 2002 Inactive:

**UC Transfer:** Effective: Inactive:

CID:

### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, the student will be able to:

- 1. Compare and contrast primary, secondary and tertiary prevention.
- 2. Classify the characteristics and symptoms of alcohol and drug abuse.
- 3. Debate the factors in society that make addictive behavior attractive.
- 4. Analyze research that identifies at-risk populations, including college athletic departments, ethnic groups and the campus in general.
- 5. Analyze how the media targets campus populations, e.g., sale of alcohol and tobacco.
- 6. Evaluate the advantages of a campus policy and procedures in dealing with students with addictive behaviors.
- 7. Assess a minimum of five examples of approaches to education and prevention.
- 8. Interpret the components of a model health and wellness program.

# **Topics and Scope:**

- 1. Introduction and Overview
- 2. Examination of the addiction of alcohol and other drugs
- 3. Factors in society that make addictive behavior attractive
- 4. Examples of at-risk populations
- 5. Media and public policy impact on community use of alcohol and drugs
- 6. Examination of successful education and prevention strategies that have worked for individuals, families and college campuses
- 7. Health alternatives to addiction

# **Assignment:**

- 1. Reading Assignments:
  - a. Weekly reading from text and selected reading list.
- 2. Writing Assignments
  - a. One term paper on subject designated by the instructor.

- b. Three written reports on field work interviews.
- 3. Oral Presentations:
  - a. Each student will present one oral report dealing with the term paper assignment and/or the visitation of a drug education and prevention program.
- 4. Other Assignments:
  - a. Visit with a classmate three education and prevention programs within Sonoma, Mendocino, or Lake County and complete a three to five-page report on that facility.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Lab reports, Essay exams, Term papers

Writing 30 - 60%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case studies on potential alcoholics/drug abusers

Problem solving 10 - 15%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice

Exams 30 - 60%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category 0 - 0%

# **Representative Textbooks and Materials:**

Concepts of Alcohol and Drug Education and Prevention by D. Smith and Susan Horne, 3rd Ed. 1998. Prentice Hall