

**PSYT 71L Course Outline as of Fall 1981****CATALOG INFORMATION**

Dept and Nbr: PSYT 71L Title: FUND OF NURSING

Full Title: Fundamentals of Nursing

Last Reviewed: 2/10/2003

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	6.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	6.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	17.90		Contact DHR	313.25
		Contact Total	17.90		Contact Total	313.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 313.25

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Emphasis is on the application of fundamental principles of nursing care for adult patients with common medical, surgical conditions. Focus is on planning and implementation of patient care in subacute and long term care settings, including medication, administration, and charting. Anatomical physiological and psychosocial concepts are applied throughout the course.

**Prerequisites/Corequisites:**

Admission to the Psychiatric Technician Program; high school graduation or equivalent; Computational Math Exam (minimum score: 25); eligibility for ENGL 100A or ENGL 100.

**Recommended Preparation:**

Previous work experience (WEOC 99) at a state hospital, psychiatric, or long term care setting.

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Application of principles of nursing care for adults with common med/surg conditions. Focus is on planning and implementation of PT care in in sub- acute & longterm care settings. (Grade Only)

Prerequisites/Corequisites: Admission to the Psychiatric Technician Program; high school

graduation or equivalent; Computational Math Exam (minimum score: 25); eligibility for ENGL 100A or ENGL 100.

Recommended: Previous work experience (WEOC 99) at a state hospital, psychiatric, or long term care setting.

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective: Fall 1981	Inactive: Spring 2011
<b>UC Transfer:</b>		Effective:	Inactive:

### **CID:**

#### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

The students will:

1. Demonstrate the ability to utilize effective coping skills.
2. Behave in a professional manner reflecting identified standards for health care professionals.
3. Comply with regulations regarding direct patient abuse and act as an advocate to insure patient needs and rights.
4. Accurately collect data for each patient from client's clinical record, observation and shift report to determine client's progress.
5. Participate with the health care team in maintaining a safe and hygienic environment.
6. Develop a written, organized, daily schedule for delivery of patient care.
7. Apply principles of gerontology in planning and implementing patient care.
8. Implement plan of care within given time frame.
9. Participate with team members in planning, developing, evaluating, revising and implementing treatment care plans for assigned patients.
10. Apply principles of human anatomy and physiology to common medical surgical disorders.
11. Prepare the client physically and emotionally for frequently used diagnostic tests by describing how each test is done.
12. Utilize appropriate positioning techniques, therapeutic handling techniques and active-passive range of motion.
13. Apply principles of safety in the delivery of patient care.

14. Describe therapeutic and adverse effects of drugs being administered to assigned patients.
15. Perform nursing skills consistent with audit sheet criteria.
16. Report abnormal assessments and make appropriate interventions.
17. Write appropriate entries on nurses notes, graphic and flow sheets consistent with agency policy and principles of documentation.
18. Institute emergency CPR and first aid when necessary.
19. Identify and participate in on going education for professional and self growth.

### **Topics and Scope:**

1. Orientation to clinical facilities.
2. Patient care assignment with nursing intervention including assessments, care plans and implementation of nursing care.
3. Documentation.
4. Preparation, administration and charting of medications.
5. Knowledge of and utilization of safety factors.
6. Ethical and legal issues.
7. Disorders of major body systems.
8. Gerontological considerations.
9. Spiritual/cultural considerations.
10. Functions of health care team.

### **Assignment:**

1. Collection of data and delivery of total patient care for three assigned patients.
2. Six charting notes and six care plans for assigned patient.
3. Completion of medication cards for assigned patient.
4. Participation in post-conference on a daily basis.
5. Paper on physical disease or disorder with nursing care.
6. Written daily schedule of care.
7. Skill lab practice concurrent with clinical experience.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Term papers

Writing  
10 - 30%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work

Problem solving  
25 - 50%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Field work, Performance exams

Skill Demonstrations  
35 - 50%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, Matching items

Exams  
5 - 10%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

NURSING 95, Drug Handbook.

PT71L Syllabus.

TEXTBOOK OF BASIC NURSING, 5th ed. with Acc. Student Workbook by  
Rosedahl. 1991

Psych Tech Law with rules and regulations. 1992