

CATALOG INFORMATION

Dept and Nbr: ATHL 13

Title: MEN'S VARSITY BASKETBALL

Full Title: Men's Varsity Basketball

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	10.00	8	Lab Scheduled	170.00
		Contact DHR	0		Contact DHR	0
		Contact Total	10.00		Contact Total	170.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 170.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 51A

Catalog Description:
Practice for and participation in intercollegiate competition, emphasizing skills, fundamentals and strategies.

Prerequisites/Corequisites:
Health and Safety.

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Practice for & participation in intercollegiate competition; emphasizing skills, fundamentals & strategies. (Grade or P/NP)
Prerequisites/Corequisites: Health and Safety.
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

THE STUDENT WILL HAVE DEVELOPED:

- I. Advanced level skills and fundamentals for competition.
- II. The knowledge of a physical conditioning program and the understanding of why and how it is implemented into a competitive basketball format.
- III. A understanding of the rules of basketball as they pertain to:
 1. California Community College Intercollegiate competition.
 2. N.C.A.A.
- IV. The knowledge to understand and analyze team and individual concepts and strategies of intercollegiate competition.
- V. The ability to develop their own conditioning and practice plan which leads sequentially to Conference and State Championships

Topics and Scope:

- I. Pre Season Practice Routine
 1. Body Conditioning
 2. Review of offensive skills
 3. Review of defensive skills
 4. Fundamental drills
 5. Competition
 6. Team meetings re: competition, communication and success
- II. Pre-Conference Games
 1. Additional skill building
 2. Game planning and preparation
 3. Practice (including strategy)
 4. Games and Tournaments
- III. Conference Competition and Practice Routine
 1. Additional skill building
 2. Team game plan and execution
 3. Weekly practice plans/individual and team

4. Conference games
 5. Game review and evaluation
- IV. Post Conference Competition and Practice Routine
1. Additional Skill building
 2. Team game plan and execution
 3. Weekly practice plans/individual and team
 4. Conference games
 5. Game review and evaluation

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
25 - 60%

Exams: All forms of formal testing, other than skill performance exams.

WRITTEN AND VERBAL EXAM

Exams
10 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
25 - 60%

Representative Textbooks and Materials: