

CATALOG INFORMATION

Dept and Nbr: DANCE 16.1 Title: MODERN DANCE I
Full Title: Modern Dance I
Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	3	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 22 - 4 Times in any Comb of Levels
Also Listed As:
Formerly: PE 28.1

Catalog Description:
Modern dance is a class in expressive dance covering basic dance technique, movement sequences, improvisation and composition.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of DANCE 10 (or PE 22 or PE 145)

Limits on Enrollment:

Schedule of Classes Information:
Description: Modern dance is a class in expressive dance covering basic dance technique, movement sequences, improvisation & composition. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Course Completion of DANCE 10 (or PE 22 or PE 145)
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
----------------------	--------------	------------	-----------	-----------

UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
---------------------	--------------	------------	-----------	-----------

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The student will be able by the completion of the semester to:

- I. Demonstrate modern dance movement concepts.
- II. Develop the ability to analyze movement in basic Laban Analysis terms (Effort/Shape).
- III. Differentiate between modern dance and other dance forms. Recognize and identify characteristics common to many modern techniques.
- IV. Identify basic modern dance terminology.
- V. Demonstrate increased flexibility, strength, balance, coordination, range of motion and sense of alignment.
- VI. Recognize and verbalize basic musical concepts as they relate to dance, underlying beat, time signature, downbeat and counts.
- VII. Explore movements through improvisation and composition.

Topics and Scope:

- I. BASIC DANCE EXPERIENCE
 - A. The body as an instrument.
 - B. Flexibility and technique.
 - C. Body alignment: vertical posture of the spine and limbs for the standing and moving upright, placement of body parts outside of vertical.
 - D. Strengthening muscle groups required to execute dance movement.
 - E. Exploring effort/shape qualities through experiences: bound flow/free flow, sudden/sustained, strong/light, and direct/indirect.
- II. FLOOR WORK
 - A. Center standing techniques - specific work with the spine and legs, arms, and balance.

- B. Movement qualities (use of space, time and energy).
- C. Ascent and descent from the floor, basic falls and getting up.
- III. LOCOMOTOR MOVEMENTS
 - A. Locomotor movements derived from basic human activities: walks, skips, runs, slides, gallops, hops.
 - B. More complicated dance movements: triplets, turns, leaps, combinations of 2 or more basic locomotor movements with exploration of the use of direction and floor pattern.
- IV. RHYTHMIC ELEMENTS OF DANCE
 - A. Working with counts.
 - B. Defining rhythmical patterns with movement.
 - C. Dancing to accompaniment in various time signatures.
- V. COMPOSITION AND IMPROVISATION
 - A. Movement explorations (individual and group).
 - B. Applying elements of space, time, and energy to improvisation and composition.
 - C. Designing group movement.
 - D. Feelings, moods and ideas.

Assignment:

May include any or all of the following: 1) practice of modern dance skills including floorwork, axial and locomotor movement patterns, 2) demonstrations of understanding of concepts of space, time and energy or dynamics through movement and written exams, 3) choreography of original dance movement either alone or in a group, 4) improvisations

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion

Exams
10 - 20%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category
40 - 60%

Representative Textbooks and Materials:
Instructor prepared materials.