

CATALOG INFORMATION

Dept and Nbr: PHYED 19.2     Title: WATER POLO - INTER.  
Full Title: Intermediate Water Polo  
Last Reviewed: 10/23/2017

| Units   |      | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |       |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 2.00 | Lecture Scheduled     | 0    | 17.5         | Lecture Scheduled  | 0     |
| Minimum | 1.00 | Lab Scheduled         | 4.00 | 6            | Lab Scheduled      | 70.00 |
|         |      | Contact DHR           | 0    |              | Contact DHR        | 0     |
|         |      | Contact Total         | 4.00 |              | Contact Total      | 70.00 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR    | 0     |

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 22 - 4 Times in any Comb of Levels  
Also Listed As:  
Formerly: PE 3.2

**Catalog Description:**  
Intermediate to advanced skills in various offensive and defensive techniques of water polo.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Course Completion of KAQUA 12.1 ( or PHYED 19.1 or PE 3.1 or PE 106.1)

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Intermediate & advanced skills in various offensive and defensive techniques of water polo. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Course Completion of KAQUA 12.1 ( or PHYED 19.1 or PE 3.1 or PE 106.1)  
Limits on Enrollment:  
Transfer Credit: CSU;UC.  
Repeatability: 4 Times in any Comb of Levels

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                      |                      |            |           |            |           |
|----------------------|----------------------|------------|-----------|------------|-----------|
| <b>AS Degree:</b>    | <b>Area</b>          |            |           | Effective: | Inactive: |
| <b>CSU GE:</b>       | <b>Transfer Area</b> |            |           | Effective: | Inactive: |
| <b>IGETC:</b>        | <b>Transfer Area</b> |            |           | Effective: | Inactive: |
| <b>CSU Transfer:</b> | Transferable         | Effective: | Fall 1981 | Inactive:  | Fall 2023 |
| <b>UC Transfer:</b>  | Transferable         | Effective: | Fall 1981 | Inactive:  | Fall 2023 |

**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

I. The student will:

1. Gain higher proficiency of individual and team skills
2. Have the knowledge for team strategy
3. Have the knowledge to improve inter-team play
4. Develop endurance and speed swimming
5. Develop sportmanship among teammates
6. Have the knowledge to set up a personal conditioning program

### **Topics and Scope:**

#### **I. WATER POLO**

1. History of Water Polo
2. Rules and regulations
3. Role of the referee
4. Condition and swim training
5. Fundamental development:
  - a) ball handling
  - b) court positions
  - c) individual skills
  - d) team skills
6. Team offense and defense
7. Scrimmages and strategy
8. Sportmanship
9. Techniques of goalkeeper
10. Inter-team play

**Assignment:**

## Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category  
40 - 60%

## Representative Textbooks and Materials: