EQSCI 151 Course Outline as of Fall 2004

CATALOG INFORMATION

Dept and Nbr: EQSCI 151 Title: EQUINE ACCUPRESSURE/MSG
Full Title: Introduction to Equine Accupressure and Massage
Last Reviewed: 10/23/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	3.00	6	Lecture Scheduled	18.00
Minimum	1.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	18.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 36.00 Total Student Learning Hours: 54.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	AG 116

Catalog Description:
An introduction to equine acupressure and massage methods which improve performance and behavior in the horse.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Schedule of Classes Information:
Description: An introduction to equine acupressure and massage methods which improve performance and behavior in the horse. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100
Limits on Enrollment:
Transfer Credit:
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**	Effective:	Inactive:
CSU GE:	**Transfer Area**	Effective:	Inactive:
IGETC:	**Transfer Area**	Effective:	Inactive:

CSU Transfer:	Effective:	Inactive:
UC Transfer:	Effective:	Inactive:

CID:

Certificate/Major Applicable:
Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:
Upon completion of this course, student will be able to:
1. Differentiate between issues that respond to acupressure and massage and those which are veterinary medical concerns.
2. Identify acupressure points and massage methods that achieve improvement in equine performance (gait quality and coordination). These methods include those which ease stiff joints and relax tight back and hip muscles.
3. Identify acupressure points and massage methods that achieve improvement in equine behavior and learning ability. These methods include those which calm the fearful, nervous or easily distracted horse.
4. Demonstrate acupressure point proper technique and safety concerns.
5. Demonstrate massage methods' proper technique and safety concerns.
6. Adapt methods according to varying degrees of equine skin sensitivity, muscle tension and fear.

Topics and Scope:

1 Acupressure and Massage
  a. Behavior applications
  b. Performance improvement applications
  c. Veterinary concerns
2. Behavior Improvement
  a. Acupressure point locations
  b. Massage methods
3. Performance (Gait Quality) Improvement
  a. Acupressure point locations
  b. Massage methods
4. Acupressure Technique
  a. Stance and hand position
  b. Evaluation of Qi flow

c. Safety concerns
5. Massage Technique
a. Stance and hand position
b. Evaluation of muscle tone
c. Safety concerns
6. Adaptations
a. Skin sensitivity
b. Muscle tension or pain
c. Fearful horses

Assignment:

1. Students will read industry handouts, approximately ten to fifteen pages per week.
2. Demonstrate proper massage methods.
3. Demonstrate proper safety procedures.
4. Identify pressure points.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.	Writing 0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Field work, Quizzes, Exams	Problem solving 20 - 40%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams	Skill Demonstrations 10 - 20%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion	Exams 40 - 60%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance	Other Category 10 - 20%

Representative Textbooks and Materials:
Industry handouts will be used in lieu of a textbook.