

CATALOG INFORMATION

Dept and Nbr: ATHL 30

Title: THEORY ANALYSIS SOCCER

Full Title: Theory & Analysis of Soccer

Last Reviewed: 2/6/2023

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	1.00	Lab Scheduled	1.00	3	Lab Scheduled	17.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00

Total Student Learning Hours: 122.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 71.1

**Catalog Description:**  
Explanation, organization and development of various systems of play in soccer. Analyzing coaching problems in offense and along with a review of technique films. Discussion and practical application of various approaches to technical and tactical training for modern soccer.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Eligibility for ENGL 100 or ESL 100.

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Explanation, organization & development of various systems of play in soccer. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Eligibility for ENGL 100 or ESL 100.  
Limits on Enrollment:  
Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>

<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
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<b>CSU Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
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<b>UC Transfer:</b>	Transferable	<b>Effective:</b>	Fall 1981	<b>Inactive:</b>
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**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

The student will:

- Have the knowledge to analyze team and individual soccer play
- Have the knowledge to develop individual and team offensives and defenses
- Have the knowledge and understanding of the preparation for coaching and teaching soccer
- Have the knowledge to develop a personal coaching, playing philosophy

**Topics and Scope:**

To establish offensive and defensive concept.

- To teach and review basic skills, starting with small groups and building to full sided games.
- To review the laws of the games
- To establish effective methods for training participants
- To analyze dead ball situations of offense and defense
- To develop a better understanding of the tactical nature of the game

**Assignment:**

Eligibility for English 100 A or equivalent

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers	Writing 0 - 15%
<b>Problem Solving:</b> Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.	
Exams	Problem solving 0 - 20%
<b>Skill Demonstrations:</b> All skill-based and physical demonstrations used for assessment purposes including skill performance exams.	
Class performances	Skill Demonstrations 0 - 20%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	
Multiple choice, True/false, Completion	Exams 0 - 20%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	
ATTENDANCE	Other Category 0 - 25%

**Representative Textbooks and Materials:**