

CATALOG INFORMATION

Dept and Nbr: CUL 240.1      Title: BASIC ITAL CUISINE 1  
Full Title: Basic Italian Cuisine 1  
Last Reviewed: 6/18/2001

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.50	8	Lecture Scheduled	12.00
Minimum	1.00	Lab Scheduled	2.00	8	Lab Scheduled	16.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.50		Contact Total	28.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 24.00

Total Student Learning Hours: 52.00

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 39 - Total 2 Times  
Also Listed As:  
Formerly: CULT 240.1

**Catalog Description:**  
Introductory class in the historical background and culture of Italian Cuisine. Preparation of basic Italian soups, sauces, vegetables, pastas, and desserts.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Basic cooking knowledge.

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Introductory class in the historical background and culture of Italian Cuisine. Preparation of basic Italian soups, sauces, vegetables, pastas, and desserts. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Basic cooking knowledge.  
Limits on Enrollment:  
Transfer Credit:  
Repeatability: Total 2 Times

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>

<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
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<b>CSU Transfer:</b>	<b>Effective:</b>	<b>Inactive:</b>
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<b>UC Transfer:</b>	<b>Effective:</b>	<b>Inactive:</b>
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**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

1. Prepare soups, salads, pastas, sauces, vegetables, meat, fish, poultry and desserts.
2. Practice making pasta by hand and with a pasta machine.
3. Identify a variety of Italian cheeses.
4. Describe some of the historical background that influences regional Italian cooking.
5. Practice pronunciation of Italian menu items.
6. Evaluate one Italian red wine and/or one white wine each week.

### **Topics and Scope:**

Introduction to the preparation of traditional Italian dishes.

1. Culture and historical background of the menu items.
  2. Geographical situation of Italy
  3. A complete and well-balanced Italian meal is prepared each session:
    - a. soups
    - b. salads
    - c. pastas
    - d. sauces
    - e. vegetables
    - f. meat, poultry or fish
    - g. dessert
    - h. cheeses
  4. One Italian red and/or white wine are discussed and tasted each week
- Introduction to
- a. grape growing region
  - b. grape variety
  - c. label information
  - d. factors in wine tasting

**Assignment:**

In class:

1. Preparation of assigned dishes.
2. Evaluation of methods of preparation
3. Taste and evaluate the success of each dish in discussion with instructor and other class members.

Outside of class:

1. Preparation of at least one dish from the previous lesson at home.
2. In writing, the students will evaluate the previous class, recipes they prepared, dishes they tasted, lecture by instructor, their understanding of the materials and topics covered in class, their performance or success of the foods they prepared at home.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Lab reports, Evaluation of recipes, class, etc.

Writing  
10 - 20%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Projects - home prepared food items

Problem solving  
10 - 30%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Preparation and evaluation of recipes

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and Participation

Other Category  
20 - 40%

### Representative Textbooks and Materials:

Recipes and handouts prepared by instructor.