ATHL 16 Course Outline as of Fall 2003

CATALOG INFORMATION

Dept and Nbr: ATHL 16 Title: TECH/THEORY BASKTBL
Full Title: Techniques & Theory of Basketball
Last Reviewed: 9/25/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	2.00	17.5	Lecture Scheduled	35.00
Minimum	1.00	Lab Scheduled	0	17	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 70.00 Total Student Learning Hours: 105.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	34 - 4 Enrollments Total
Also Listed As:	
Formerly:	PE 70.1

Catalog Description:
Introduction to the fundamental techniques and theories of basketball. Individual offensive and defensive strategies as well as team offensive and defensive strategies.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100.

Limits on Enrollment:

Schedule of Classes Information:
Description: Intro to techniques & theories of basketball. Individual & team offensive & defensive strategies. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100.
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Enrollments Total

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	**Area**			Effective:	Inactive:
CSU GE:	**Transfer Area**			Effective:	Inactive:
IGETC:	**Transfer Area**			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Spring 1986	Inactive:	Fall 2023
UC Transfer:	Transferable	Effective:	Spring 1986	Inactive:	Fall 2023

CID:

Certificate/Major Applicable:
Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:
The student will:
-Have the knowledge and understanding of the preparation for coaching, teaching basketball.
-Have the knowledge to analyze team and individual basketball play.
-Have the knowledge to develop individual and team offense and defense.
-Have the knowledge to develop a coaching philosophy.

Topics and Scope:

- History & development of the modern game
- Philosophy and coaching theory
- Coaching methods, mediums and techniques
- Conditioning
- Individual offensive fundamentals
- Team offensive fundamentals
- The fast break
- Half court offense
- Individual defense
- Team defense
- Special situations
- Practice organizations
- Building a team concept
- Other considerations

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Basketball Play Book	Writing 0 - 22%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Exams	Problem solving 0 - 25%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Completion	Exams 0 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE	Other Category 0 - 25%

Representative Textbooks and Materials:
Practical Modern Basketball - John Wooden