

**DANCE 16.3 Course Outline as of Fall 2003****CATALOG INFORMATION**

Dept and Nbr: DANCE 16.3 Title: MODERN DANCE III

Full Title: Modern Dance III

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	3	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly: PE 28.2

**Catalog Description:**

A class for dance students who wish to continue their dance experience through more technically challenging exercises, increasing complexity of movement sequences, further exploration of improvisation and composition, and by focusing on performance skills. May include a performance in a dance concert.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANC 16.2 ( or DANCE 16.2)

**Limits on Enrollment:****Schedule of Classes Information:**

Description: A class for dance students who wish to continue their dance experience through more technically challenging exercises, increasing complexity of movement sequences, further exploration of improvisation & composition & by focusing on performance skills. May include a performance in a dance concert. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANC 16.2 ( or DANCE 16.2)

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>			Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:	
<b>UC Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:	

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

The student will be able by the completion of the semester to:

- I. Develop increased technical ability, i.e. strength, flexibility, range of motion, freedom of movement, control, and balance.
- II. Demonstrate a continual working knowledge of the basic concepts of composition.
- III. Develop proficiency in Laban Analysis, especially the concepts of Effort/Shape theory developed by Laban, and how it relates to modern dance movement.
- IV. Explore the use of body weight in modern dance through fall and recovery techniques.
- V. Recognize and apply elements of design, style, and form to composition.
- VI. Demonstrate the sense of musicality in dance.
- VII. Develop an understanding of the breath phrase.
- VIII. Demonstrate an increased overall kinesthetic awareness including recognition of nonessential muscular tension.
- IX. Gain experience in self expression through dance improvisation.
- X. Sharpen performance skills through experience in dance performance during studio performances with the possibility of participation in a formal dance concert.

### **Topics and Scope:**

- I. TECHNIQUE
  - A. Continuation of basic dance movement techniques with

- increased complexity of movement sequences and increased technical demands.
- B. Emphasis on flow of movement, accuracy and changes in demands.
- C. Exploration of on and off center movement.
- D. Use of imagery and other techniques to increase kinesthetic awareness.
- E. Execution of more advanced dance falls, turns, leaps, and jumps.
- F. Emphasis on use of focus in dance.
- G. Emphasis on movement efficiency.
- II. MUSICALITY
  - A. Movement sequences to unusual time signatures (i.e. 5/4)
  - B. Exploration of resultant rhythm through movement sequences in mixed meters.
  - C. Exploration of individual timing of movement sequences.
- III. IMPROVISATION: Individual and group movement explorations
- IV. COMPOSITION
  - A. Composition assignments requiring more advanced choreography.
  - B. Apply principles of Effort/Shape to composition.
  - C. Apply principles of style, design, and form to composition.
- V. PERFORMANCE
  - A. Skills needed for performing beyond technique, i.e. projection.
  - B. Emphasis on conveying the intent of the choreography through performance quality.

### Assignment:

Term paper on a live dance performance or other dance related topic. May include any or all of the following 1) practice choreography and modern dance skills, 2) choreograph original dance movement, 3) perform exercises to further strengthen and/or stretch muscle groups as needed to properly execute dance movements at the intermediate level, and 4) perform improvisations related to modern dance concepts

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers
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Writing 10 - 20%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None
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Problem solving 0 - 0%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
40 - 60%

**Representative Textbooks and Materials:**  
Instructor prepared materials