

**DANCE 11.3 Course Outline as of Fall 2007****CATALOG INFORMATION**

Dept and Nbr: DANCE 11.3 Title: BALLET III

Full Title: Ballet III

Last Reviewed: 2/28/2022

| Units   |      | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |       |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 2.00 | Lecture Scheduled     | 1.00 | 17.5         | Lecture Scheduled  | 17.50 |
| Minimum | 1.00 | Lab Scheduled         | 3.00 | 3            | Lab Scheduled      | 52.50 |
|         |      | Contact DHR           | 0    |              | Contact DHR        | 0     |
|         |      | Contact Total         | 4.00 |              | Contact Total      | 70.00 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR    | 0     |

Total Out of Class Hours: 35.00

Total Student Learning Hours: 105.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 27.2

**Catalog Description:**

This course, for intermediate dancers with prior ballet experience, covers intermediate ballet principles and skills in the areas of technique, movement, vocabulary, style, and musicality. The course also includes ballet aesthetics and emphasizes performance skills as they pertain to intermediate ballet. May include performance in a dance concert.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of DANCE 11.2

**Limits on Enrollment:**

By audition

**Schedule of Classes Information:**

Description: This course, for intermediate dancers with prior ballet experience, covers intermediate ballet principles and skills in the areas of technique, movement, vocabulary, style, and musicality. The course also includes ballet aesthetics and emphasizes performance skills as they pertain to intermediate ballet. May include performance in a dance concert. (Grade or P/NP)

Prerequisites/Corequisites:  
Recommended: Course Completion of DANCE 11.2  
Limits on Enrollment: By audition  
Transfer Credit: CSU;UC.  
Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                      |                      |            |            |           |
|----------------------|----------------------|------------|------------|-----------|
| <b>AS Degree:</b>    | <b>Area</b>          |            | Effective: | Inactive: |
| <b>CSU GE:</b>       | <b>Transfer Area</b> |            | Effective: | Inactive: |
| <b>IGETC:</b>        | <b>Transfer Area</b> |            | Effective: | Inactive: |
| <b>CSU Transfer:</b> | Transferable         | Effective: | Fall 1981  | Inactive: |
| <b>UC Transfer:</b>  | Transferable         | Effective: | Fall 1981  | Inactive: |

### **CID:**

#### **Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, the student will be able to:

1. Utilize ballet terminology to describe intermediate ballet movement vocabulary.
2. Perform intermediate ballet warm-ups, techniques, stretching, strengthening exercises, center and across the floor exercises.
3. Explain technical principles incorporated in intermediate ballet dance and apply these principles to the execution of intermediate ballet movement.
4. Perform intermediate level enchainments (chains of steps).
5. Display performance skills in presentations of intermediate ballet class choreography.
6. Identify basic rhythmic concepts incorporated in intermediate ballet dance and relate them to the execution of ballet movement.
7. Count intermediate ballet movement sequences.
8. Critique a ballet performance or a ballet piece applying ballet aesthetics and intermediate level ballet principles.

### **Topics and Scope:**

- I. French ballet terminology (including pronunciation) and corresponding ballet movement vocabulary
- II. Intermediate ballet technique (taught through exercises at the barre, center work and across the floor)
  - A. Technical principles such as alignment, turn-out, use of plie, releve, and extension
  - B. Directions and facings (including concepts such as floor plan, en

- face, croise, efface, and body movement directions such as: en dehors, en dedans, en avant, en arriere devant, and derriere)
- C. Positions and movements of the arms (port de bras)
- D. Positions and movements of the feet and legs
- E. Turns
- F. Jumps
- G. Adagio
- H. Petit allegro
- I. Grand allegro
- J. Reverence
- III. Intermediate enchainments (choreographed ballet sequences)
- IV. Supplementary strengthening and stretching (may include floor barre, and non-traditional barre or center exercises)
- V. Ballet movement qualities
- VI. Performance skills such as
  - A. Projection
  - B. Dynamics
  - C. Style and facial expression
  - D. Musicality (reflecting musical mood, accents, dynamics, etc. in the performance of dance movement)
  - E. Creating the illusion of effortlessness
- VII. Rhythmical principles for Intermediate ballet
- VIII. Counting Intermediate ballet movement
- IX. How to execute Intermediate ballet movement. Pedagogy may include:
  - A. Verbal descriptions
    - 1. Ballet terminology
    - 2. Use of imagery
    - 3. Biomechanics (anatomical and kinesiological references)
  - B. Demonstration of movement
  - C. Tactile information (hands-on)
  - D. Kinesthetic awareness enhancing tools or methods
  - E. Corrections
  - F. Critical analysis of performed movement
- X. Critiquing ballet choreography - what to look for in a ballet work (ballet aesthetics)

Topics for repeating students:

Although some concepts, techniques, and ballet vocabulary will be reviewed, the specific choreography of the exercises taught in every phase of the class, the enchainments, and the music to which they are choreographed will vary from semester to semester. Therefore, information conveyed to meet the demands of that choreography and the learning experience for the student will vary each semester.

### **Assignment:**

Homework (averaging 1 hour per week per unit):

1. Weekly practice of ballet skills and or choreography covered in class sessions
2. Memorization and practice of enchainments
3. Perform exercises to strengthen and/or stretch muscle groups required to execute ballet movements
4. Written critique of a ballet piece or performance approved by

instructor. Note: Critique is based on a performance occurring during the current semester. Or for video viewing option, instructor will provide or approve a video.

5. Reading of class hand-outs (3 to 4 pages per semester)

In class assignments include:

1. Ballet technique class activities assessed in terms of technique and performance capabilities (class performances)
2. 1 to 3 performance exams (performance of enchainments)
3. Note-taking when appropriate
4. Practice sessions
5. Written final exam

Optional assignments

1. Ballet video viewing and analysis
2. Partner activities focusing on ballet techniques

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Term papers

Writing  
5 - 11%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
40 - 60%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion, Short Answer, Essay

Exams  
5 - 11%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance and participation

Other Category  
20 - 40%

### Representative Textbooks and Materials:

Instructor prepared materials