#### CUL 221.31 Course Outline as of Fall 2005

## **CATALOG INFORMATION**

Dept and Nbr: CUL 221.31 Title: THE FRENCH CHEF

Full Title: The French Chef Last Reviewed: 6/18/2001

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	0.50	Lecture Scheduled	1.50	4	Lecture Scheduled	6.00
Minimum	0.50	Lab Scheduled	2.00	2	Lab Scheduled	8.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.50		Contact Total	14.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 12.00 Total Student Learning Hours: 26.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 39 - Total 2 Times

Also Listed As:

Formerly: CULT221.31

### **Catalog Description:**

Professional chefs present theory, demonstrate techniques, supervise production and critique student production of a variety of foods.

# **Prerequisites/Corequisites:**

# **Recommended Preparation:**

### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: Professional French chef presents traditional & contemporary French food.

Emphasis on advance preparation to avoid last minute stress. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Total 2 Times

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

# **Outcomes and Objectives:**

The students will:

- 1. Prepare soups, salads, vegetables, entrees and desserts.
- 2. Recognize some of the historical background that influence French cooking.
- 3. Practice pronunciation of French menu items.
- 4. Prepare regional French foods.
- 5. Strengthen organizational skills with regard to food preparation.
- 6. Assemble food items for "mise-en-place" or pre-preparation of menu items.
- 7. Practice a variety of cooking techniques: baking, braising, sauteeing, and grilling.

# **Topics and Scope:**

In this French cooking class, the student will prepare traditional and contemporary French dishes. Emphasis will be placed on "mis-en-place" or preparation of menu items. Lectures will emphasize the cooking techniques employed, regions of origin of particular dishes and historical background of the recipes.

## **Assignment:**

1. Chef/instructor evaluates student's food preparation.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None	Writing 0 - 0%
<b>Problem Solving:</b> Assessment tools, other than exams, that demonstrate competence in computational or noncomputational problem solving skills.	
LAB WORK	Problem solving 0 - 0%
<b>Skill Demonstrations:</b> All skill-based and physical demonstrations used for assessment purposes including skill performance exams.	
PREPARE A DISH/EVALUATE OTHERS	Skill Demonstrations 65 - 85%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	
None	Exams 0 - 0%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	

Other Category 0 - 0%

**Representative Textbooks and Materials:** 

None