

CATALOG INFORMATION

Dept and Nbr: PHYED 67.1 Title: FENCING - BEG.
Full Title: Beginning Fencing
Last Reviewed: 2/10/2003

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	2.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	4.00	3	Lab Scheduled	70.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	70.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 70.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 22 - 4 Times in any Comb of Levels
Also Listed As:
Formerly: PE 16.1

Catalog Description:
Fundamentals of French foil weapon with emphasis in basic footwork, attacks, parries, bladework, and bout experience.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: Fundamentals of French foil weapon with emphasis on basic footwork, attacks, parries, bladework, and bout experience. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area			Effective:	Inactive:
CSU GE:	Transfer Area			Effective:	Inactive:
IGETC:	Transfer Area			Effective:	Inactive:
CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2011
UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:	Fall 2011

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The student at the completion of the course will:

1. Perform various flexibility exercises.
2. Demonstrate the basic foil positions.
3. Perform basic fencing footwork.
4. Demonstrate beginning bladework positions.
5. Analyze basic fencing attacks.
6. Construct beginning fencing defenses.
7. Preside as director of a bout.

Topics and Scope:

- I. Foil Positions
 1. rest position
 2. on guard position
 3. parts of the foil
 4. holding the foil
 5. salute
- II. Basic Foil Footwork
 1. advance
 2. retreat
 3. lunge
 4. appel
 5. patinando
 6. ballestra
 7. fencing distances
- III. Basic Bladework Positions
 1. hand positions
 2. target area
 3. invitations
 4. engagements
 5. changes of engagements

IV. Basic Fencing Attacks

1. extension in line
2. direct attacks
3. disengage attacks
4. beat attacks
5. deceive your opponent
6. (1-2) attack
7. Double
8. Feints

V. Construct Various Defenses

1. four simple parries
2. riposte
3. circular parries
4. counter parries riposte

VI. Director and/or Judge of a Bout

1. basic strip rules

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

NONE

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

NONE

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

PRACTICAL EXAMS

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

WRITTEN EXAM

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
40 - 60%

Representative Textbooks and Materials:
SRJC Fencing Syllabus, 1995