#### **COUN 94 Course Outline as of Fall 1999**

## **CATALOG INFORMATION**

Dept and Nbr: COUN 94 Title: CRISIS COUNSEL TRAINING Full Title: Intervention/Crisis Counseling Training Last Reviewed: 4/25/2016

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	GUID 201

#### **Catalog Description:**

Techniques used for intervention and crisis counseling, intake interviewing and referral will be studied and practiced. Special attention will be given to the question, "What is helpful?" and to the process of intervention; admitting and recording of information as it pertains to alcohol and drug abuse clients. Through an experiential format, participants will learn and practice skills in attentive listening, recognizing and responding to different levels of client communication.

#### **Prerequisites/Corequisites:**

## **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Students will develop working knowledge of crisis counseling. (Grade Only) Prerequisites/Corequisites: Recommended: Eligibility for ENGL 100 or ESL 100 Limits on Enrollment:

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	L		Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	l		Effective:	Inactive:
CSU Transfer	:Transferable	Effective:	Fall 1997	Inactive:	Fall 2021
UC Transfer:		Effective:		Inactive:	

## CID:

## **Certificate/Major Applicable:**

Not Certificate/Major Applicable

# **COURSE CONTENT**

### **Outcomes and Objectives:**

Students will be able to:

- 1. Identify and analyze the various steps used in crisis counseling.
- 2. Discuss and evaluate the opening sessions.
- 3. Define and discuss the need for a favorable environment.
- 4. Describe and compare the three levels of client communication.
- 5. Compare methods of crisis counseling in the work place, school, court.
- 6. Identify and analyze consent and confidentiality agreements.

## **Topics and Scope:**

An Introduction to Crisis Counseling Conducting the Crisis Counseling Session The Dynamics of Crisis Counseling Crisis Counseling - Where and When The Future of Crisis Counseling

## Assignment:

Required reading assignment:

Textbook: thirty pages per week. Required writing assignment:

Three page paper on a visit to the Crisis Center in Sonoma County.

One oral presentation of at least ten minutes.

# Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Essay exams, Terr papers

Problem Solving: Assessment tools, other than exams, demonstrate competence in computational or noncomputational problem solving skills.

Homework problems, Exams

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including performance exams.

**Class** performances

**Exams:** All forms of formal testing, other than skill performance exams.

Essay

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance

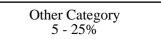
#### **Representative Textbooks and Materials:**

Resolving Conflict Once and for All, by Mark Stein with Dennis Ernst.

n	Writing 10 - 80%
that	
	Problem solving 5 - 40%
skill	
	Skill Demonstrations 5 - 35%
11	Exams 5 - 40%

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