

CATALOG INFORMATION

Dept and Nbr: COUN 94 Title: CRISIS COUNSEL TRAINING
Full Title: Intervention/Crisis Counseling Training
Last Reviewed: 4/25/2016

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable
Grading: Grade Only
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly: GUID 201

Catalog Description:
Techniques used for intervention and crisis counseling, intake interviewing and referral will be studied and practiced. Special attention will be given to the question, "What is helpful?" and to the process of intervention; admitting and recording of information as it pertains to alcohol and drug abuse clients. Through an experiential format, participants will learn and practice skills in attentive listening, recognizing and responding to different levels of client communication.

Prerequisites/Corequisites:

Recommended Preparation:
Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

Schedule of Classes Information:
Description: Students will develop working knowledge of crisis counseling. (Grade Only)
Prerequisites/Corequisites:
Recommended: Eligibility for ENGL 100 or ESL 100
Limits on Enrollment:

Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:	Transferable	Effective: Fall 1997	Inactive: Fall 2021
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:
Not Certificate/Major Applicable

COURSE CONTENT

Outcomes and Objectives:

Students will be able to:

1. Identify and analyze the various steps used in crisis counseling.
2. Discuss and evaluate the opening sessions.
3. Define and discuss the need for a favorable environment.
4. Describe and compare the three levels of client communication.
5. Compare methods of crisis counseling in the work place, school, court.
6. Identify and analyze consent and confidentiality agreements.

Topics and Scope:

An Introduction to Crisis Counseling
Conducting the Crisis Counseling Session
The Dynamics of Crisis Counseling
Crisis Counseling - Where and When
The Future of Crisis Counseling

Assignment:

Required reading assignment:

Textbook: thirty pages per week.

Required writing assignment:

Three page paper on a visit to the Crisis Center in Sonoma County.

One oral presentation of at least ten minutes.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Essay exams, Term papers

Writing
10 - 80%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Exams

Problem solving
5 - 40%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Skill Demonstrations
5 - 35%

Exams: All forms of formal testing, other than skill performance exams.

Essay

Exams
5 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance

Other Category
5 - 25%

Representative Textbooks and Materials:

Resolving Conflict Once and for All, by Mark Stein with Dennis Ernst.