

CATALOG INFORMATION

Dept and Nbr: PE 146.1

Title: DANCE - BEG BALLET

Full Title: Beginning Ballet

Last Reviewed: 12/10/2018

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	17	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly:

Catalog Description:
Basic techniques, styles, principles and history of ballet. Includes analysis of elements of ballet as physical development and as an art form.

Prerequisites/Corequisites:
PE 145 or equivalent

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:
Description: OLD NUMBER - INACTIVATED X94 (Grade or P/NP)
Prerequisites/Corequisites: PE 145 or equivalent
Recommended:
Limits on Enrollment:
Transfer Credit: CSU;UC.
Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:

CSU Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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UC Transfer:	Transferable	Effective:	Fall 1981	Inactive:
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CID:

Certificate/Major Applicable:

Not Certificate/Major Applicable

COURSE CONTENT

Outcomes and Objectives:

The student will:

Be able to analyze, evaluate and verbalize basic elements of ballet.

Be able to demonstrate fundamental skills of ballet.

Be able to perform combinations and compositions of fundamentals.

Have the knowledge to relate ballet to physical fitness and body awareness.

Topics and Scope:

-THEORY

--History: of ballet from the 17th century to the present.

--Evolution of ballet and its relationship to the other modern art forms.

--Assignments to be audience to at least one live performance of a professional ballet company.

-TECHNIQUE

--Practice and performance of the wide range of steps in ballet vocabulary to develop strength, posture, balance, flexibility, suppleness.

--Barre Work

---plies

---tendus

---stretches

---etc.through the entire repertoire of ballet warm-ups, including all body parts and muscle groups.

--Center Practice

---ports de bras

---adage

---allegro

---individual steps

---turns

---jumps

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Exams

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
0 - 25%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams
0 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
0 - 50%

Representative Textbooks and Materials: