

PE 146.1 Course Outline as of Fall 1981**CATALOG INFORMATION**

Dept and Nbr: PE 146.1 Title: DANCE - BEG BALLET

Full Title: Beginning Ballet

Last Reviewed: 12/10/2018

| Units | | Course Hours per Week | | Nbr of Weeks | Course Hours Total | |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 1.00 | Lecture Scheduled | 0 | 17.5 | Lecture Scheduled | 0 |
| Minimum | 1.00 | Lab Scheduled | 2.00 | 17 | Lab Scheduled | 35.00 |
| | | Contact DHR | 0 | | Contact DHR | 0 |
| | | Contact Total | 2.00 | | Contact Total | 35.00 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 22 - 4 Times in any Comb of Levels

Also Listed As:

Formerly:

Catalog Description:

Basic techniques, styles, principles and history of ballet. Includes analysis of elements of ballet as physical development and as an art form.

Prerequisites/Corequisites:

PE 145 or equivalent

Recommended Preparation:**Limits on Enrollment:****Schedule of Classes Information:**

Description: OLD NUMBER - INACTIVATED X94 (Grade or P/NP)

Prerequisites/Corequisites: PE 145 or equivalent

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

| | | | | | |
|----------------------|----------------------|------------|-----------|------------|-----------|
| AS Degree: | Area | | | Effective: | Inactive: |
| CSU GE: | Transfer Area | | | Effective: | Inactive: |
| IGETC: | Transfer Area | | | Effective: | Inactive: |
| CSU Transfer: | Transferable | Effective: | Fall 1981 | Inactive: | |
| UC Transfer: | Transferable | Effective: | Fall 1981 | Inactive: | |

CID:

Certificate/Major Applicable:

Not Certificate/Major Applicable

COURSE CONTENT

Outcomes and Objectives:

The student will:

- Be able to analyze, evaluate and verbalize basic elements of ballet.
- Be able to demonstrate fundamental skills of ballet.
- Be able to perform combinations and compositions of fundamentals.
- Have the knowledge to relate ballet to physical fitness and body awareness.

Topics and Scope:

-THEORY

- History: of ballet from the 17th century to the present.
- Evolution of ballet and its relationship to the other modern art forms.
- Assignments to be audience to at least one live performance of a professional ballet company.

-TECHNIQUE

- Practice and performance of the wide range of steps in ballet vocabulary to develop strength, posture, balance, flexibility, suppleness.
- Barre Work
 - plies
 - tendus
 - stretches
 - etc.through the entire repertoire of ballet warm-ups, including all body parts and muscle groups.
- Center Practice
 - ports de bras
 - adage
 - allegro
 - individual steps
 - turns
 - jumps

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Exams

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
0 - 25%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false

Exams
0 - 25%

Other: Includes any assessment tools that do not logically fit into the above categories.

ATTENDANCE

Other Category
0 - 50%

Representative Textbooks and Materials: