

**NRV 58B Course Outline as of Summer 2007****CATALOG INFORMATION**

Dept and Nbr: NRV 58B      Title: INTERMEDIATE SKILLS LAB  
 Full Title: Intermediate Skills Lab for Vocational Nursing Students  
 Last Reviewed: 9/28/2015

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Demonstration and supervised practice of intermediate skills based on scientific principles and concepts from theory. Planning and implementing intermediate patient care are done in the simulated clinical setting relevant to steps in the nursing process: assessment, planning, implementing, evaluation and documentation. Students will practice and demonstrate skills in the lab setting prior to the assignment of these skills in the clinical setting.

**Prerequisites/Corequisites:**

Course Completion of NRV 58A and Concurrent Enrollment in NRV 52.1 ( or NRV 52A) OR Concurrent Enrollment in NRV 60B

**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Intermediate nursing skills are based on scientific principles learned from the previous semester. Skills are correlated to theory, related to steps in the nursing process, and accurate documentation is stressed. Students demonstrate competent skill performance in a

simulated clinical setting. (Grade or P/NP)

Prerequisites/Corequisites: Course Completion of NRV 58A and Concurrent Enrollment in NRV 52.1 ( or NRV 52A) OR Concurrent Enrollment in NRV 60B

Recommended:

Limits on Enrollment:

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

### **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective: Spring 1991	Inactive: Fall 2021
<b>UC Transfer:</b>		Effective:	Inactive:

### **CID:**

### **Certificate/Major Applicable:**

Certificate Applicable Course

### **COURSE CONTENT**

#### **Outcomes and Objectives:**

Upon completion of this course the student will be able to:

1. Incorporate theoretical principles from the fundamentals skills course into the planning and implementation of intermediate nursing skills for adult and child patients.
2. Use anatomical landmarks to perform physical assessments and implement therapeutic procedures for adult and child patients.
3. Demonstrate psychomotor competency in the performance of selected intermediate skills.
4. Communicate therapeutically with adult and child patients.
5. Teach fundamental self-care skills to patients and parents of child patients.
6. Plan and implement preoperative and postoperative care.
7. Evaluate effectiveness of nursing interventions on adult and child patients.
8. Work cooperatively as a member of a team to ensure that all members achieve learning objectives.
9. Adapt procedures to meet patients' needs.
10. Document care and teaching in accordance with agency policy.

#### **Topics and Scope:**

- I. Team learning strategies for intermediate skills
- II. Applying principles from the prerequisite courses
  - A. Infection control

- B. Sterile technique
- C. Therapeutic communication
- III. Use of anatomical landmarks:
  - A. Adults vs. children
  - B. In administering injections
  - C. In complex dressing changes
  - D. In nasogastric intubation
- IV. Planning and adapting procedures for patients with multiple illnesses
  - A. Positioning
  - B. Activity tolerance
  - C. Prioritizing
- V. Perioperative care:
  - A. Patient and parent teaching
  - B. Preoperative preparation
  - C. Care in the immediate post-operative period
  - D. Evaluation
  - E. Documentation
- VI. Injections
  - A. Subcutaneous
  - B. Insulins
  - C. Intramuscular
  - D. Intradermal and Mantoux test interpretation
  - E. Documentation
- VII. Enteral tubes
  - A. Nasogastric tube insertion
  - B. Tube maintenance
    - 1. Decompression tubes
    - 2. Feeding tubes
  - C. Tube feeding
    - 1. Nasogastric
    - 2. Nasojejunal
    - 3. Percutaneous tubes
  - D. Using tubes for medication administration
  - E. Evaluation
  - F. Documentation
- VIII. Wound care
  - A. Assessment
  - B. Irrigation
  - C. Debridement
  - D. Techniques for promoting tissue regrowth
  - E. Evaluation
  - F. Documentation
- IX. Catheter irrigations
  - A. Purposes and techniques
  - B. Wound drains
  - C. Urinary drainage systems
  - D. Evaluation
  - E. Documentation

**Assignment:**

1. Read approximately 20 pages per week from skills textbook, as a

preparation for practice.

2. Take 5-10 pre-demonstration quizzes.

3. Attend scheduled demonstrations.

4. Resolve textbook-instructor & instructor-instructor discrepancies.

5. Practice skills as a member of a learning team, soliciting instructor feedback when needed.

6. Adapt procedures to meet patients' individual needs.

7. Assist teammates to achieve learning objectives.

8. Independently demonstrate competent performance of all skills, within a maximum of three "check-off" competency demonstrations.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Adapt procedures

Problem solving  
5 - 10%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Skills practice and performance

Skill Demonstrations  
55 - 75%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, Short answer

Exams  
20 - 40%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

### Representative Textbooks and Materials:

CLINICAL NURSING SKILLS, 6th ed., by Smith, Duell, and Martin, Prentice Hall, New Jersey (2004).

Instructor prepared material.