

DANC 16.2 Course Outline as of Summer 2025**CATALOG INFORMATION**

Dept and Nbr: DANC 16.2 Title: MODERN DANCE II

Full Title: Modern Dance II

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0.75	17.5	Lecture Scheduled	13.13
Minimum	1.50	Lab Scheduled	2.25	6	Lab Scheduled	39.38
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: DANCE 16.2

Catalog Description:

This course is for advanced- beginning (Level II) dancers with some prior modern dance training, and emphasizes advanced-beginning (Level II) modern dance skills in the areas of technique and movement vocabulary, and the use of space, time, and energy. This course also includes advanced-beginning (Level II) modern dance improvisation, choreography, and performance skills.

Prerequisites/Corequisites:**Recommended Preparation:**

Course Completion of DANCE 16.1

Limits on Enrollment:**Schedule of Classes Information:**

Description: This course is for advanced- beginning (Level II) dancers with some prior modern dance training, and emphasizes advanced-beginning (Level II) modern dance skills in the areas of technique and movement vocabulary, and the use of space, time, and energy. This course also includes advanced-beginning (Level II) modern dance improvisation, choreography, and

performance skills. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Course Completion of DANCE 16.1

Limits on Enrollment:

Transfer Credit: CSU;UC.

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:	Transferable	Effective: Fall 2003	Inactive:
UC Transfer:	Transferable	Effective: Fall 2003	Inactive:

CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Execute and analyze advanced-beginning (Level II) modern dance sequences using applicable dance vocabulary.
2. Perform advanced-beginning (Level II) modern dance choreography.
3. Choreograph an advanced-beginning (Level II) modern dance combination.

Objectives:

At the conclusion of this course, the student should be able to:

1. Utilize modern dance terminology to describe advanced-beginning (Level II) modern dance exercises, technical principles, and movement vocabulary.
2. Perform advanced-beginning (Level II) modern dance warm-ups, techniques, stretching and strengthening exercises, and movement combinations.
3. Explain technical principles incorporated in advanced-beginning (Level II) modern dance and apply these principles to the execution of Level II modern dance movement.
4. Analyze elements of space and energy inherent in advanced-beginning (Level II) modern dance movement.
5. Create original dance movement through advanced-beginning (Level II) modern dance improvisations and choreographic studies.
6. Display performance skills in presentation of advanced-beginning (Level II) modern dance choreography.
7. Identify basic rhythmic concepts and relate them to the execution of advanced-beginning (Level II) modern dance movement.
8. Count advanced-beginning (Level II) modern dance movement sequences.
9. Critique a modern dance performance or dance piece.

Topics and Scope:

- I. Level II Modern Dance Terminology and Corresponding Movement Vocabulary
- II. Level II Modern Dance Technique
 - A. Technical principles
 1. Alignment
 2. Balance
 3. Flexion
 4. Extension
 5. Turn-out and inward rotation of the legs
 6. Off-center movement
 7. Initiation of movement with breath and core
 - B. Floor work
 1. Warming up
 2. Stretching, extremity and core
 3. Strengthening
 - C. Locomotor movements
 1. Triplets
 2. Prances
 3. Walks
 4. Runs
 5. Leaps
 - D. Linking movements
 1. Across the floor
 2. Center combinations
- III. Picking Up and Retaining Choreography
- IV. Elements of Dance in Level II Modern Dance Movement
 - A. Space
 1. Use of level
 2. Facing
 3. Direction
 4. Dimension
 5. Planes
 - B. Time
 1. Tempo
 2. Rhythm
 - C. Energy
 1. Use of weight
 2. Movement qualities
- V. Performance Skills
 - A. Projection
 - B. Dynamics
 - C. Musicality (including reflecting musical mood, accents, dynamics in the performance of dance movement)
 - D. Managing performance anxiety
 - E. Use of breath
- VI. Creative Problem Solving Based on Elements of Modern Dance (Space, Time, and Energy)
 - A. Improvisation
 - B. Choreographing a Level II modern dance study
- VII. How to Execute Modern Dance Movement. Each Instructor Approaches the "How to" of Executing Dance Movement Differently. Pedagogy may include:
 - A. Verbal descriptions

1. Dance terminology
2. Use of imagery
3. Anatomical and kinesiological references
- B. Demonstration of movement
- C. Tactile information (hands-on)
- D. Kinesthetic awareness enhancing tools or methods
- E. Corrections

VIII. Critiquing Modern Dance Choreography - What to Look for in a Modern Dance Work

All topics are covered in the lecture and lab portions of the course.

Assignment:

Lecture-Related Assignments:

1. Weekly practice of instructor choreography and dance skills covered in class sessions
2. Choreographing original dance movement either alone or with a partner or group
3. Performing exercises to strengthen and/or stretch muscle groups required to execute dance movements
4. Written critique of a dance piece or performance (based on a performance from the current semester, or for video viewing option, instructor will provide or approve a video) (2 - 3 pages)
5. Reading of handouts and/or selected readings (5-10 pages per week)

Lab-Related Assignments:

1. Modern dance technique class activities assessed in terms of overall improvement (class performances)
2. Performance exams (1 - 3)
3. Improvisations (participation grade)
4. Note-taking
5. Practice sessions
6. Final exam

Optional assignments:

1. Modern dance video viewing and analysis
2. Partner activities focusing on dance technique
3. Student choreography work sessions

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Critique	Writing 5 - 11%
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Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None	Problem solving 0 - 0%
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Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams, Choreographic Assignment

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Midterm and Final Exams

Exams
5 - 11%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance, Participation, Improvisations

Other Category
40 - 60%

Representative Textbooks and Materials:

Instructor prepared materials

Introduction to Modern Dance Techniques. Legg, Joshua. Heuer Publishing. 2011 (classic)

The Dancer Prepares: Modern Dance for Beginners. 5th ed. Penrod, James and Gudde Plastino, Janice. McGraw-Hill. 2004 (classic)

Dance, Mind and Body. Cerny Minton, Sandra. Human Kinetics. 2003 (classic)