

**ATHL 28 Course Outline as of Fall 2019****CATALOG INFORMATION**

Dept and Nbr: ATHL 28 Title: WOMEN'S VARSITY SOCCER

Full Title: Women's Varsity Soccer

Last Reviewed: 2/25/2019

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	3.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	3.00	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	6.00		Contact DHR	105.00
		Contact Total	6.00		Contact Total	105.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 52.50

Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 34 - 4 Enrollments Total

Also Listed As:

Formerly: PE 63

**Catalog Description:**

Practice for and participation in intercollegiate competition in women's soccer, emphasizing soccer skills, fundamentals and strategies.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:**

By tryout

**Schedule of Classes Information:**

Description: Practice for and participation in intercollegiate competition in women's soccer, emphasizing soccer skills, fundamentals and strategies. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: By tryout

Transfer Credit: CSU;UC.

Repeatability: 4 Enrollments Total

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>			Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>			Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:	
<b>UC Transfer:</b>	Transferable	Effective:	Fall 1981	Inactive:	

### **CID:**

### **Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Demonstrating technical soccer skills.
2. Apply offensive and defensive tactics.
3. Demonstrate teamwork.
4. Apply knowledge of rules and other soccer concepts.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Demonstrate individual fundamental skills pertaining to soccer in relation to.
2. Demonstrate and apply practical and general knowledge of the game of soccer and rules.
3. Identify and execute attacking and defending tactics, team formation, and set pieces organization.
4. Demonstrate the ability to work with a team unit and develop team concepts.
5. Repeating students must demonstrate increased depth and breadth of related skills, with new learning objectives.

### **Topics and Scope:**

- I. Individual Fundamental Skills and Conditioning
  - A. Shooting
  - B. Passing
  - C. Receiving
  - D. Heading
  - E. Goalkeeping
- II. Practical and General Knowledge of the Game and Rules
  - A. Practice drills
  - B. Game situations
- III. Concepts and Strategies of Opponent
  - A. Offensive formation
  - B. Defensive formation
  - C. Set piece organization

## IV. Team Development and Goals

### Assignment:

Students are expected to spend an additional three hours per week outside of class completing one or more of the following assignments.

1. In-class work may include:
  - A. Film analysis
  - B. Developing set piece plays
  - C. Physical training and conditioning
  - D. Development and demonstration of related skills including practice and game performance
  - E. Establishing team and individual goals
2. Fieldwork may include:
  - A. Intercollegiate competition
  - B. Set piece execution

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Written set piece plays, film analysis

Problem solving  
10 - 25%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance exams, practice and competition performance

Skill Demonstrations  
25 - 60%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category  
25 - 60%

### Representative Textbooks and Materials:

The Soccer Coaching Bible. The National Soccer Coaches Association of America (NSCAA).  
Human Kinetics Publishers. 2004 (classic)