

**PSYT 74 Course Outline as of Spring 2011****CATALOG INFORMATION**

Dept and Nbr: PSYT 74                      Title: MENTAL HLTH/PSY NUR  
 Full Title: Mental Health & Psychiatric Nursing  
 Last Reviewed: 8/1/1981

Units	Course Hours per Week		Nbr of Weeks		Course Hours Total	
Maximum	8.00	Lecture Scheduled	8.10	17.5	Lecture Scheduled	141.75
Minimum	8.00	Lab Scheduled	0	17	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	8.10		Contact Total	141.75
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 283.50

Total Student Learning Hours: 425.25

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Course presents theoretical basis for care of mentally disordered adolescents and adults. Emphasis is on planning for implementation of care in hospital, community psychiatric settings, and chemical dependency facilities. Pharmacology and application of psychological, psychosocial and interpersonal concepts are integrated throughout the course.

**Prerequisites/Corequisites:**

Successful completion of PSYT 71, PSYT 71L.

**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Theoretical basis for patient care for mentally disordered adolescents & adults. Emphasis is on planning for implementation of care in hospitals, community & private psychiatric treatment settings, and chemical dependency facilities. Pharmacology & application of physiological, psychosocial & interpersonal concepts are integrated throughout the course. (Grade Only)

Prerequisites/Corequisites: Successful completion of PSYT 71, PSYT 71L.

Recommended:

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

**AS Degree:**      **Area**      Effective:      Inactive:

**CSU GE:**      **Transfer Area**      Effective:      Inactive:

**IGETC:**      **Transfer Area**      Effective:      Inactive:

**CSU Transfer:**      Effective:      Inactive:

**UC Transfer:**      Effective:      Inactive:

**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

The students will:

1. Describe the role and function of the psychiatric technician as well as the role and function of other members of the treatment team.
2. Describe identified standards for health care professionals.
3. State the legal rights of patients and the criteria for the various involuntary commitment procedures.
4. Describe the elements of communication and the communication techniques that will develop and maintain a therapeutic relationship with patients.
5. State the major, significant elements that distinguish a mentally healthy person from a mentally ill person.
6. Recognize and describe the dynamics and behavioral manifestations of patients with psychiatric disorders.
7. Describe principles of observation in any patient contact, through consideration of what is seen and heard to identify emotional, physical, spiritual, intellectual and psychosocial needs of the patient.
8. Describe guidelines and principals of documentation in reference to behavioral charting.
9. Develop written treatment plans, utilizing appropriate assessment criteria and measurable behavioral objectives.
10. Describe elements necessary to maintain a therapeutic ward milieu.
11. Describe various psychiatric and rehabilitative treatment modalities.
12. Describe the characteristics, therapeutic and adverse effects of the commonly used psychotropic medications.
13. Develop an awareness of self which will enable the student to

recognize stressors affecting their personal and professional life and demonstrate an ability to utilize coping skills effectively.

14. Recognize the importance of further professional and self growth.

### Topics and Scope:

1. Professional ethics, legal issues, commitment procedures.
2. Overview of mental health and of psychiatry.
3. Communication theory, interpersonal and therapeutic communication.
4. The therapeutic relationship, nursing process and documentation.
5. Developing psychiatric nursing care plans.
6. Mental status assessment, observation, reporting and recording.
7. Psychopharmacology, psychotropic medications.
8. Psychiatric disorders.
9. Treatment modalities.

### Assignment:

1. Reading assignments in preparation for each lecture from required texts and library. 40-50 pages per week.
2. Required viewing of films and audio-visual media related to specific content, approximately one per week, completion of study questions on each film.
3. Required reading of supplemental book and reaction paper on that book.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports, Term papers, Study questions

Writing  
5 - 20%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Quizzes, Exams

Problem solving  
5 - 10%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances

Skill Demonstrations  
5 - 5%

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion

Exams  
50 - 85%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

PSYCHIATRIC NURSING, A PSYCHOTHERAPEUTIC APPROACH, Keltner, Schwacke, Bostram. 1995

NURSING 95, Drug Handbook.

HEALING THE CHILD WITHIN, Whitfield. 1986

PSYCHIATRIC TECHNICIAN PROGRAM SYLLABUS, PT74/74L by Benedict, Boyd, Swenson. 1995