

CHW 150 Course Outline as of Fall 2012**CATALOG INFORMATION**

Dept and Nbr: CHW 150 Title: INTRO TO COMM HLTH WORK

Full Title: Introduction to Community Health Work

Last Reviewed: 2/26/2018

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	5	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: CHW 50

Catalog Description:

This course is designed to give an overview of the SRJC Community Health Worker (CHW) program, the roles of CHWs, and the philosophy of community health work. It will focus on core competencies for CHWs, evolution of the CHW field in the United States, CHWs and public health, and promoting health equality. A field trip to a community agency, and four hours of community volunteer work with a health agency will also be part of the course.

Prerequisites/Corequisites:**Recommended Preparation:**

Eligibility for ENGL 1A or equivalent

Limits on Enrollment:**Schedule of Classes Information:**

Description: This course is designed to give an overview of the SRJC Community Health Worker (CHW) program, the roles of CHWs, and the philosophy of community health work. It will focus on core competencies for CHWs, evolution of the CHW field in the United States, CHWs and public health, and promoting health equality. A field trip to a community agency,

and four hours of community volunteer work with a health agency will also be part of the course.
(Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:

IGETC:	Transfer Area	Effective:	Inactive:
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CSU Transfer:	Effective:	Inactive:
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UC Transfer:	Effective:	Inactive:
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CID:

Certificate/Major Applicable:

Both Certificate and Major Applicable

COURSE CONTENT

Outcomes and Objectives:

Upon completion of this course, the students will be able to:

1. Analyze and compare roles, characteristics and responsibilities of Community Health Workers (CHWs) internationally and in the United States.
2. Identify where CHW's work, the populations they work with, and the health issues they address.
3. Discuss the core skills necessary to become an effective CHW.
4. Identify personal qualities and values that are common among successful CHWs.
5. Describe Santa Rosa Junior College program options.
6. Discuss the evolution of the CHW field in the United States.
7. Define health and public health and explain how the field of public health is different from the field of medicine.
8. Identify and discuss the role of CHWs in preventing health inequalities and promoting health justice.

Topics and Scope:

- I. Community Health Workers (CHWs): Who Are They and What Do They Do?
 - A. History of community health work in the United States and internationally
 - B. Occupational outlook for Sonoma County
- II. Description of Santa Rosa Junior College CHW program
 - A. Certificate program requirements
 - B. Associate degree with major in CHW
 - C. Core components of program:

1. outreach techniques and strategies
 2. home visiting, referrals
 3. health issues; medical terminology
 4. structure, function of the body systems
- D. Professional advancement and educational opportunities

III. The Effective Community Health Worker

- A. Core competencies and roles of CHWs
- B. Personal qualities and values of CHWs
- C. Overall number, gender, and ethnicity
- D. Education and wages
- E. Populations served
- F. Health issues and work activities
- G. Models of Care for CHWs

IV. Emerging Role in Management of Chronic Conditions

- A. Chronic disease: The dominant type of illness in the United States
- B. CHWs within the health care delivery team

V. Evolution of the CHW Profession in the United States

- A. Neighbor assisting neighbor
- B. CHW names and definitions
 - C. The international roots of CHWs
 - D. History of CHWs in the United States
 - E. Trends in the CHW field
 - F. Capacity building and education
 - G. Policy initiatives and sustainability
 - H. Networks and conferences

VI. An Introduction to Public Health

- A. Defining health
- B. Key concepts in defining the field of public health
- C. Health inequalities and social determinants of health
- D. Emphasis on prevention
- E. Evidence-based
- F. Social justice
- G. Community partnerships
- H. Environmental health

VII. Promoting Health Equality

- A. Defining health inequality
- B. Evidence of health inequalities
- C. Causes of health inequalities
- D. Impact on society
- E. Promoting health equality
- F. Role of CHWs in promoting social justice and health equality
- G. Homelessness in Sonoma County

Assignment:

1. Readings from textbook, 10-30 pages each week; instructor-selected readings, 3-5 pages per week.

2. Chapter Review exercises at the end of each chapter.
3. Conduct a four-hour shadowing and volunteer experience with Sonoma County community health workers and write a 3-4 page paper describing the agency, community served, and CHW's experiences.
4. Create and memorize 20-40 medical terminology flash cards.
5. Complete an interactive Web presentation on race inequalities; write a 1-2 page summary and reaction paper.
6. Complete a 2-4 page paper in response to homeless person experience.
7. Write a 1-2 page community field trip reaction paper.
8. Quizzes (3-5); final exam.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written assignments/papers	Writing 40 - 50%
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Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Chapter review questions	Problem solving 15 - 25%
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Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Flash cards	Skill Demonstrations 5 - 10%
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Exams: All forms of formal testing, other than skill performance exams.

Quizzes and final exam	Exams 15 - 25%
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Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance, Participation	Other Category 5 - 10%
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Representative Textbooks and Materials:

Foundations for Community Health Workers, Berthold, Miller, Avila-Esparza, Wiley & Sons, 1st Ed., 2009