

**NRV 60D Course Outline as of Spring 2010****CATALOG INFORMATION**

Dept and Nbr: NRV 60D            Title: GROWTH & DEVELOPMENT  
 Full Title: Growth & Development Self-Paced for VN Part Time Program  
 Last Reviewed: 10/28/2002

Units	Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	2.00	9	Lecture Scheduled 18.00
Minimum	1.00	Lab Scheduled	0	9	Lab Scheduled 0
		Contact DHR	0		Contact DHR 0
		Contact Total	2.00		Contact Total 18.00
		Non-contact DHR	0		Non-contact DHR 0

Total Out of Class Hours: 36.00

Total Student Learning Hours: 54.00

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Self-paced theory course for part-time vocational nursing students which will prepare students for work with infants and children. Normal growth and development patterns of all ages are covered with an emphasis on nutrition, safety, patterns of play and recreation, sexuality and problems arising out of family issues related to neglect or abuse. Care of the hospitalized child in relationship to growth & development concerns will prepare students for future work in ambulatory and acute settings.

**Prerequisites/Corequisites:****Recommended Preparation:**

Course Completion of ENGL 1A

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Self-paced theory course for part time vocational nursing students with an emphasis on growth & development from infants through adolescence. Topics include nutrition, safety, sexuality, play, recreation patterns and issues rising in family dynamics leading to abuse and

neglect. Care of the child in the hospital setting prepares students for work in varied settings.

(Grade Only)

Prerequisites/Corequisites:

Recommended: Course Completion of ENGL 1A

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
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<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
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<b>CSU Transfer:</b>	Effective:	Inactive:
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<b>UC Transfer:</b>	Effective:	Inactive:
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**CID:**

**Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

**Outcomes and Objectives:**

Upon completion of the course, students will be able to:

1. Compare and contrast normal versus abnormal growth and development in children of all ages.
2. Analyze a hypothetical hospital scenario relating appropriate responses in children of all ages.
3. Participate in a hypothetical teaching scenario for parents coming to an ambulatory care clinic with specific childrearing issues.
4. Articulate the signs/symptoms of child neglect/abuse and adapt a teaching plan to include reporting and family support measures to be taken in the instance that abuse is suspected.
5. Plan an appropriate nutritional meal for any age child.
6. Articulate special safety and accident prevention plans needed for children of all ages.

**Topics and Scope:**

1. Growth & development of infants and toddlers.
2. Nutritional and safety needs of infants and toddlers.
3. Breastfeeding versus bottlefeeding and normal feeding routines of infants and toddlers.
4. Normal growth & development patterns of preschool to preadolescence.
5. Nutritional and safety needs of preschool to preadolescent children.
6. Normal growth and development during adolescent years.
7. Nutritional and safety needs of adolescents.

8. Growth & development patterns of all ages in reference to the model Erickson's growth and development stages through the lifespan.
9. Care needs of all ages of hospitalized children.
10. Child Abuse: The nurse's role in determining and reporting child abuse.

**Assignment:**

1. Reading Assignments: Approximately 50 pages per week.
2. Videos: Approximately 2 per week.
3. PowerPoint Presentations: Approximately 2 per week.
4. Written Assignments:
  - a. 10-20 theory objectives per week.
  - b. Paper comparing & contrasting normal versus abnormal development.
  - c. Developmental assessment paper on normal child ages 1-5 years.
  - d. Paper outlining the norms of nutrition, rest, social interaction and immunization schedules for children during the developmental phases.
5. Case study scenarios: 1 per week.
6. Teaching scenario: one submitted in writing as an example from the related field of study.
7. Child abuse scenario: one submitted in writing as to the assessment and plan of action with a focus on the developmental age of the child.

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework	Writing 5 - 20%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Case study and teaching scenarios	Problem solving 10 - 25%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None	Skill Demonstrations 0 - 0%
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**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion	Exams 60 - 70%
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**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

INGALLS & SALERNO MATERNAL CHILD HEALTH NURSING 9th ed., by J.C.Novak & B.Broom, Mosby, St. Louis (1999) and Accompanying Study Guide.

PHARMACOLOGY: A NURSING APPROACH 3rd ed., by J.L. Kee & E.R. Hayes, W.B. Saunders, Philadelphia (2000).

NRV 60.1C Syllabus