

**EQSCI 151 Course Outline as of Fall 2011****CATALOG INFORMATION**

Dept and Nbr: EQSCI 151 Title: EQUINE ACUPRESSURE/MSG

Full Title: Introduction to Equine Acupressure and Massage

Last Reviewed: 10/23/2017

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	1.00	17.5	Lecture Scheduled	17.50
Minimum	1.00	Lab Scheduled	0	2	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	1.00		Contact Total	17.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 35.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: AG 116

**Catalog Description:**

An introduction to equine acupressure and massage methods that improve performance and behavior in the horse.

**Prerequisites/Corequisites:****Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100 and Course Completion of EQSCI 60

**Limits on Enrollment:****Schedule of Classes Information:**

Description: An introduction to equine acupressure and massage methods that improve performance and behavior in the horse. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 100 or ESL 100 and Course Completion of EQSCI 60

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>
<b>UC Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>

**CID:**

**Certificate/Major Applicable:**

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course, student will be able to:

1. Differentiate between issues that respond to acupressure and massage and those which are veterinary medical concerns.
2. Identify acupressure points and massage methods that achieve improvement in equine performance (gait quality and coordination). These methods include those which ease stiff joints and relax tight back and hip muscles.
3. Identify acupressure points and massage methods that achieve improvement in equine behavior and learning ability. These methods include those which calm the fearful, nervous or easily distracted horse.
4. Demonstrate acupressure point proper technique and safety concerns.
5. Demonstrate massage methods' proper technique and safety concerns.
6. Adapt methods according to varying degrees of equine skin sensitivity, muscle tension and fear.

### **Topics and Scope:**

- 1 Acupressure and Massage
  - a. Behavior applications
  - b. Performance improvement applications
  - c. Veterinary concerns
2. Behavior Improvement
  - a. Acupressure point locations
  - b. Massage methods
3. Performance (Gait Quality) Improvement
  - a. Acupressure point locations
  - b. Massage methods
4. Acupressure Technique
  - a. Stance and hand position
  - b. Evaluation of Qi flow
  - c. Safety concerns
5. Massage Technique

- a. Stance and hand position
  - b. Evaluation of muscle tone
  - c. Safety concerns
6. Adaptations
- a. Skin sensitivity
  - b. Muscle tension or pain
  - c. Fearful horses

**Assignment:**

1. Students will read industry handouts, approximately 60 to 90 total pages.
2. Demonstrate proper massage methods.
3. Demonstrate proper safety procedures.
4. Identify pressure points.
5. Two to three quizzes and two combination performance and written exams

**Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Identify and demonstrate pressure points, massage methods and safety procedures.

Problem solving  
20 - 40%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Acupressure, massage and safety demonstrations

Skill Demonstrations  
10 - 20%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes and exams: multiple choice, true false, and matching items.

Exams  
40 - 60%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Participation in Class

Other Category  
10 - 20%

**Representative Textbooks and Materials:**  
Instructor prepared materials