

**NRV 58A Course Outline as of Fall 2002****CATALOG INFORMATION**

Dept and Nbr: NRV 58A      Title: FUNDAMENTAL SKILLS LAB  
 Full Title: Fundamental Skills Lab for Vocational Nursing  
 Last Reviewed: 10/13/2014

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	3.00		Contact DHR	52.50
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: P/NP Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Demonstration and supervised practice of basic nursing skills based on scientific principles and correlated with concepts from theory. Planning and implementing basic patient care are practiced in a simulated clinical setting. Relationships between these concepts and nursing skills relevant to steps in the nursing process; assessment, planning, implementing, evaluation and documentation are practiced. Students demonstrate competent skill performance in a simulated clinical setting.

**Prerequisites/Corequisites:****Recommended Preparation:****Limits on Enrollment:**

Admission to the program.

**Schedule of Classes Information:**

Description: Basic nursing skills based on scientific principles are demonstrated. Skills are correlated with concepts from theory and related to steps in the nursing process. Students practice and return demonstrations in a simulated setting prior to performing in the clinical

setting. (P/NP Only)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: Admission to the program.

Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>	Transferable	Effective: Spring 1991	Inactive: Fall 2021
<b>UC Transfer:</b>		Effective:	Inactive:

### **CID:**

### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Students will:

1. Perform selected basic nursing skills safely and competently in the simulated clinical setting (laboratory) consistent with theoretical knowledge base and skills text criteria.
2. "Check-Off" given a clinical scenario, such as:
  - a. independently perform skill with minimal prompting from instructor
3. "Check-Off" successfully within a maximum of 3 attempts/skill.

### **Topics and Scope:**

#### **BASIC NURSING SKILLS:**

1. Vital Signs
2. Personal Hygiene Skills (i.e. Baths, Bedmaking, Oral Care)
3. Transfer Skills (i.e. Ambulation, Use of Assistive Devices)

#### **ELIMINATION:**

1. Sterile Urine Collection
2. Catheter Care
3. Enemas
4. Suppositories
5. Monitoring Accurate Outputs
6. Colostomy Care

#### **NUTRITION:**

1. Feeding of dependent patients.
2. Naso-gastric intubation.
3. Naso-gastric tube feedings.

#### 4. Monitoring Accurate Intake.

#### SAFETY/PROTECTION:

1. Standard Precautions.
2. Special Precautions.
3. Sterile Technique & Principles.
4. Sterile Gloving.

#### PROCEDURES/TREATMENTS:

1. Simple Sterile Dressing Change.
2. Respiratory Therapy Treatments (i.e. ABT's, oxygen therapy)
3. Non-injectable Medications and Principles of Administration

#### Assignment:

Assignments include:

1. Attend scheduled demonstrations of identified nursing skills.
2. Supervised practice and competent performance of nursing skills.
3. Independently and safely performs each skill with a maximum of three attempts at "check-offs" to demonstrate competency to instructor.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing  
0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations  
100 - 100%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

NRV 58A Skills Lab Syllabus.

Clinical Nursing Skills (Basic to Advanced), 5th ed, by Smith, Duell, and Martin. Prentice Hall, New Jersey (2000).

Student Handbook of Policies for VN Program.