ADLTED 749.1 Course Outline as of Fall 2025

CATALOG INFORMATION

Dept and Nbr: ADLTED 749.1 Title: OSHA 30 CONSTRUCTION Full Title: OSHA 30--Construction Industry Procedures Last Reviewed: 2/12/2018

| Units | | Course Hours per Week | N | Nbr of Weeks | Course Hours Total | |
|---------|---|-----------------------|------|--------------|---------------------------|-------|
| Maximum | 0 | Lecture Scheduled | 0 | 10 | Lecture Scheduled | 0 |
| Minimum | 0 | Lab Scheduled | 6.00 | 4 | Lab Scheduled | 60.00 |
| | | Contact DHR | 0 | | Contact DHR | 0 |
| | | Contact Total | 6.00 | | Contact Total | 60.00 |
| | | Non-contact DHR | 0 | | Non-contact DHR | 0 |

Total Out of Class Hours: 0.00

Total Student Learning Hours: 60.00

| Title 5 Category: | Non-Credit |
|-------------------|------------------------------------|
| Grading: | Non-Credit Course |
| Repeatability: | 27 - Exempt From Repeat Provisions |
| Also Listed As: | |
| Formerly: | |

Catalog Description:

The Occupational Safety and Health Administration (OSHA) Outreach Training Program for the Construction Industry teaches construction workers about their rights, employer responsibilities, how to file a complaint, as well as how to identify, abate, avoid, and prevent job-related hazards. Course satisfies the 30-hour requirement for construction industry training.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: The Occupational Safety and Health Administration (OSHA) Outreach Training Program for the Construction Industry teaches construction workers about their rights, employer responsibilities, how to file a complaint, as well as how to identify, abate, avoid, and prevent job-related hazards. Course satisfies the 30-hour requirement for construction industry training. (Non-Credit Course)

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

| AS Degree: CSU GE: | Area Transfer Area | Effective: Effective: | Inactive: Inactive: |
|-----------------------|-----------------------|--------------------------|------------------------|
| IGETC: | Transfer Area | Effective: | Inactive: |
| CSU Transfer | : Effective: | Inactive: | |
| UC Transfer: | Effective: | Inactive: | |

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Describe OSHA (Occupational Safety and Health Administration) and explain its function and

roles.

2. Identify, minimize, and control construction workplace hazards by applying OSHA standards.

Objectives:

At the conclusion of this course, the student should be able to:

- 1. Locate and use the OSHA website.
- 2. Summarize employer and employee rights and responsibilities required by OSHA standards.
- 3. Outline a variety of hazardous situations that may occur in the contruction workplace.

4. Identify key elements of information found on a SDS (Safety Data Sheet).

Topics and Scope:

Note: This version of OSHA 30 is designed specifically for construction industry training. A general overview of OSHA standards as well as construction industry standards are a requirement for certification.

- I. Introduction to OSHA
- II. Managing Safety and Health III. OSHA Focus Four Hazards
- - A. Falls
 - **B.** Electrocution
 - C. Struck-By
 - D. Caught-in or Between

- IV. Personal Protective and Lifesaving Equipment
- V. Health Hazards in Construction
- VI. Stairways and Ladders
- VII. Other Areas Particular to Industry
 - A. Concrete and Masonry Construction
 - B. Confined Space Entry
 - C. Cranes, Derricks, Hoists, Elevators, and Conveyors
 - D. Ergonomics
 - E. Excavation
 - F. Fire Protection and Prevention
 - G. Materials Handling, Storage, Use, and Disposal
 - H. Motor Vehicles, Mechanized Equipment, Marine Operations
 - I. Powered Industrial Vehicles
 - J. Safety and Health Programs
 - K. Scaffolds
 - L. Steel Erection
 - M. Tools--Hands and Power
 - N. Welding and Cutting
 - O. Foundations for Safety Leaderships
- VIII. Construction-specific Hazards and Remedies

Assignment:

- 1. Weekly quizzes, oral or written
- 2. Weekly role-playing
- 3. Poster project outlining a specific industry safety procedure
- 4. Final exam, oral or written
- 5. Active participation and attendance

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

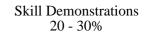
Role-playing exercises

Exams: All forms of formal testing, other than skill performance exams.

| 0 - 0% | |
|--------|--|
| | |

Writing

Problem solving 0 - 0%



Weekly quizzes; final exam

Other: Includes any assessment tools that do not logically fit into the above categories.

Active attendance and participation; poster project

Representative Textbooks and Materials: Instructor prepared materials

| Exams | | |
|-------|-----|--|
| 40 - | 50% | |

Other Category 30 - 40%