

CATALOG INFORMATION

Dept and Nbr: KINDV 79.2 Title: INTERMEDIATE PICKLEBALL
Full Title: Intermediate Pickleball
Last Reviewed: 2/26/2024

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	5	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:
Formerly:

Catalog Description:
Students will learn intermediate-level pickleball skills, participate in game play, and review the rules of the game. Students improvement of individual skills, doubles techniques, and game strategies will be emphasized.

Prerequisites/Corequisites:

Recommended Preparation:
Course completion of KINDV 79.1

Limits on Enrollment:

Schedule of Classes Information:
Description: Students will learn intermediate-level pickleball skills, participate in game play, and review the rules of the game. Students improvement of individual skills, doubles techniques, and game strategies will be emphasized. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Course completion of KINDV 79.1
Limits on Enrollment:

Transfer Credit: CSU;
Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:	Transferable	Effective: Fall 2018	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

1. Play competitive pickleball and execute fundamental skills at an intermediate-level.
2. Demonstrate tactics, positioning, and court spacing at an intermediate-level.
3. Apply the rules of play.
4. Identify the mental aspects of pickleball.

Objectives:

At the conclusion of this course, the student should be able to:

1. Execute intermediate-level, offensive and defensive fundamentals of pickleball.
2. Analyze techniques of serving, returns and overhead shots at an intermediate-level.
3. Incorporate strategies for attacking various defensive alignments.
4. Demonstrate knowledge of the rules of pickleball.

Topics and Scope:

- I. Intermediate Techniques and Principles
 - A. Serving
 - B. Returns
 - C. Overhead shots
- II. Intermediate Techniques and Principles of Singles
 - A. Stance
 - B. Positioning
 - C. Strategies
 - D. Offensive strategies
 - E. Defensive strategies
- III. Intermediate Techniques and Principles of Doubles
 - A. Stance
 - B. Positioning
 - C. Strategies

- D. Offensive strategies
- E. Defensive strategies
- IV. Intermediate Techniques and Principles of Singles and Doubles Matches
 - A. Offensive positioning
 - B. Defensive alignments
- V. Mental Aspects of Pickleball
- VI. Rules of Play

Assignment:

1. Practice and analyze intermediate pickleball skills and fundamentals
2. In-class competitive pickleball situations
3. Performance skills tests
4. Final Exam

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance skills test, Performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Final Exam

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Participation

Other Category
40 - 60%

Representative Textbooks and Materials:

Pickleball for Beginners: All in One Comprehensive Guide to Nailing the Basics, Decoding the Rules, and Playing Like a Pro- Let's Turn You From Beginner to Winner! Jaden Biff. Independently published. 2023.

