

KINDV 2.2 Course Outline as of Fall 2025

CATALOG INFORMATION

Dept and Nbr: KINDV 2.2      Title: INTERMEDIATE BADMINTON  
Full Title: Intermediate Badminton  
Last Reviewed: 1/9/2024

| Units   |      | Course Hours per Week |      | Nbr of Weeks | Course Hours Total |       |
|---------|------|-----------------------|------|--------------|--------------------|-------|
| Maximum | 1.50 | Lecture Scheduled     | 0    | 17.5         | Lecture Scheduled  | 0     |
| Minimum | 1.50 | Lab Scheduled         | 3.00 | 3            | Lab Scheduled      | 52.50 |
|         |      | Contact DHR           | 0    |              | Contact DHR        | 0     |
|         |      | Contact Total         | 3.00 |              | Contact Total      | 52.50 |
|         |      | Non-contact DHR       | 0    |              | Non-contact DHR    | 0     |

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category: AA Degree Applicable  
Grading: Grade or P/NP  
Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP  
Also Listed As:  
Formerly: PHYED 77.2

**Catalog Description:**  
Students will be learn intermediate level badminton skills, strategies, techniques, and rules of the game.

**Prerequisites/Corequisites:**

**Recommended Preparation:**  
Course Completion of KINDV 2.1

**Limits on Enrollment:**

**Schedule of Classes Information:**  
Description: Students will be learn intermediate level badminton skills, strategies, techniques, and rules of the game. (Grade or P/NP)  
Prerequisites/Corequisites:  
Recommended: Course Completion of KINDV 2.1  
Limits on Enrollment:  
Transfer Credit: CSU;UC.  
Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

|                   |                      |            |           |
|-------------------|----------------------|------------|-----------|
| <b>AS Degree:</b> | <b>Area</b>          | Effective: | Inactive: |
| <b>CSU GE:</b>    | <b>Transfer Area</b> | Effective: | Inactive: |

|               |                      |            |           |
|---------------|----------------------|------------|-----------|
| <b>IGETC:</b> | <b>Transfer Area</b> | Effective: | Inactive: |
|---------------|----------------------|------------|-----------|

|                      |              |            |           |           |
|----------------------|--------------|------------|-----------|-----------|
| <b>CSU Transfer:</b> | Transferable | Effective: | Fall 1981 | Inactive: |
|----------------------|--------------|------------|-----------|-----------|

|                     |              |            |           |           |
|---------------------|--------------|------------|-----------|-----------|
| <b>UC Transfer:</b> | Transferable | Effective: | Fall 1981 | Inactive: |
|---------------------|--------------|------------|-----------|-----------|

**CID:**

**Certificate/Major Applicable:**

Major Applicable Course

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Play badminton at an intermediate level.
2. Demonstrate intermediate level techniques and strategies in court movements.
3. Apply the rules and etiquette of competitive badminton.

### **Objectives:**

At the conclusion of this course, the student should be able to:

1. Apply stretching techniques, agility drills, and core development for preparation of badminton play.
2. Perform badminton skills with intermediate level body position.
3. Analyze the fundamental strokes of badminton: clear, smash, and drop.
4. Execute game strategies in singles and doubles play.
5. Perform intermediate skills for singles and doubles play.
6. Demonstrate intermediate level techniques for various shots and returns.
7. Practice the rules and etiquette of the sport of badminton.

### **Topics and Scope:**

#### **I. Review of Basic Skills**

##### **A. Serves shots**

1. Short
2. Clear
3. Drives

##### **B. Clear shots**

1. Underhand
2. Overhand
3. Offensive
4. Defensive

##### **C. Drop and net strokes**

#### **II. Review of Rules and Etiquette**

#### **III. Intermediate Skills**

- A. Backhand development of all strokes - drop, clear, smash
  - B. Around-the-head strokes
  - C. Flock and backhand serves
  - D. Footwork
  - E. Stroke combinations
- IV. Strategies
- A. Singles (footwork and defensive coverage)
  - B. Doubles (side by side and up and back)
- V. Conditioning
- A. Stretching
  - B. Core development
  - C. Muscle strengthening
  - D. Agility footwork

### Assignment:

1. Class competitions (singles, doubles and match play)
2. Class performances
3. Performance skills test
4. Study video tape and analyze technique
5. One quiz and final exam
6. Demonstrated badminton etiquette and compliance with current rules of competition

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

video tape analysis

Writing  
5 - 10%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving  
0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, performance skills test, class competitions (singles, doubles, match play and tournaments)

Skill Demonstrations  
20 - 40%

**Exams:** All forms of formal testing, other than skill performance exams.

Quiz and final exam

Exams  
10 - 20%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Class participation and attendance

Other Category  
40 - 60%

**Representative Textbooks and Materials:**

Badminton Training Book: Improve Your Badminton Skills. Thomas Remmers. Independently Published. 2023