#### **SWHS 93 Course Outline as of Fall 2023**

# **CATALOG INFORMATION**

Dept and Nbr: SWHS 93 Title: INTRO TO CASE MANAGEMENT

Full Title: Introduction to Case Management

Last Reviewed: 3/25/2019

Units		Course Hours per Week	•	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	3.00	Lecture Scheduled	3.00	17.5	Lecture Scheduled	52.50
Minimum	3.00	Lab Scheduled	0	6	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 105.00 Total Student Learning Hours: 157.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: HUSV 93

### **Catalog Description:**

The different phases and components of case management as a model of service delivery will be explored. This course will also include experiential skill development relevant to the practice of case management in the human services field.

## **Prerequisites/Corequisites:**

# **Recommended Preparation:**

Eligibility for ENGL 1A or equivalent; and Course Completion of SWHS 90 (or HUSV 90)

#### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: The different phases and components of case management as a model of service delivery will be explored. This course will also include experiential skill development relevant to the practice of case management in the human services field. (Grade Only)

Prerequisites/Corequisites:

Recommended: Eligibility for ENGL 1A or equivalent; and Course Completion of SWHS 90 (or HUSV 90)

Limits on Enrollment: Transfer Credit: CSU;

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Transferable Effective: Fall 1999 Inactive:

**UC Transfer:** Effective: Inactive:

CID:

## Certificate/Major Applicable:

Both Certificate and Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Conduct an intake assessment and write an intake summary.
- 2. Develop a service plan that identifies appropriate referrals and incorporates the principles of case management.
- 3. Record proper documentation on a case including writing case notes, maintaining a calendar, writing progress reports on schedule and completing forms.
- 4. Conduct a closing session with a client and write a closing report.

#### **Objectives:**

At the conclusion of this course, the student should be able to:

- 1. Differentiate the phases and components of case management.
- 2. Conduct intakes and assessments of clients' needs.
- 3. Synthesize and organize information on a case.
- 4. Write concise reports and case notes.
- 5. Identify appropriate referrals and coordinate client services.
- 6. Prioritize tasks and develop a system of time management needed to manage a large caseload.
- 7. Incorporate counseling skills.
- 8. Develop a plan of service, including writing problem and goal statements, and action steps.
- 9. Develop and implement problem-solving strategies in response to the evaluation of client progress and case study practice.
- 10. Examine the organizational structure of human service agencies.
- 11. Conduct a case staffing/case conference.
- 12. Identify ethical issues as they pertain to the case management process, and identify strategies for resolving ethical dilemmas.
- 13. Identify roles in the case management process.
- 14. Demonstrate interviewing techniques and skills.

### 15. Demonstrate assessment techniques and skills.

### **Topics and Scope:**

- I. Introduction to Case Management
  - A. Definition of case management
  - B. History of case management
  - C. Goals of case management
  - D. Phases of case management
  - E. Roles and skills of the case manager
  - F. Careers in case management
  - G. Principles of case management
- II. The Assessment Phase of Case Management
  - A. Conducting an intake interview and establishing client rapport
  - B. Completing intake forms
  - C. Gathering information and assessing client needs
  - D. Problem identification, eligibility determination and problem severity
  - E. Writing intake report summary
  - F. Interviewing techniques and skills: active listening, questioning, responding
- III. Administrative Functions of Case Management
  - A. Case Notes
  - B. Documentation
  - C. Completing Forms
  - D. Time Management
- IV. The Planning Phase of Case Management
  - A. Formulating complete picture of client
  - B. Developing plan of service
  - C. Making referrals and arranging for services
  - D. Counseling skills:
    - 1. Confrontation
    - 2. Boundary setting
    - 3. Motivational techniques
  - E. Online resources
- V. Implementation Phase of Case Management
  - A. Monitoring client participation and service delivery
  - B. Problem solving and case conferencing
  - C. Counseling intervention
  - D. Writing progress reports
- VI. Understanding the Organizational Structure of Human Service Agencies
  - A. Mission statements
  - B. Funding sources and limitations
  - C. Structure and chains of command
  - D. Policies and procedures
- VII. Case Closure
  - A. Counseling tasks during closure
  - B. Writing closing reports
- VIII. Ethical and Legal Issues in Case Management
  - A. Confidentiality
  - B. Working with potentially violent clients
  - C. Family issues
  - D. Duty to warn

- E. Issues of autonomy
- F. Ethical dilemmas

### **Assignment:**

- 1. Textbook: read an average of thirty pages per week
- 2. Two intake interview reports based on in-class intake interview with fellow students as clients
- 3. Two service plans based on in-class meetings with fellow students as clients
- 4. Two progress reports based on in-class follow-up sessions with fellow students as clients
- 5. One information and referral assignment (I & R)
- 6. One time management calendar
- 7. Two sets of case notes, one page for each set
- 8. One closing report
- 9. Two skill based written exercises (written homework)
- 10. Midterm and final exam

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, intake, progress, and closing reports

Writing 20 - 30%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Information and referral, time management calendar, service plan development

Problem solving 20 - 30%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

None

Skill Demonstrations 0 - 0%

**Exams:** All forms of formal testing, other than skill performance exams.

Midterm and Final

Exams 20 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Case notes, participation

Other Category 20 - 40%

## **Representative Textbooks and Materials:**

