KCOMB 7.1 Course Outline as of Fall 2023

CATALOG INFORMATION

Dept and Nbr: KCOMB 7.1 Title: BEGINNING EPEE FENCING Full Title: Beginning Epee Fencing Last Reviewed: 2/13/2017

Units		Course Hours per Week	Ν	Nbr of Weeks	Course Hours Total	
Maximum	1.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.50	Lab Scheduled	3.00	3	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 26.25

Total Student Learning Hours: 78.75

Title 5 Category:	AA Degree Applicable
Grading:	Grade or P/NP
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	PHYED 84.1

Catalog Description:

Fundamentals of Epee fencing with an emphasis in basic footwork, attacks, parries, bladework, and bout experience.

Prerequisites/Corequisites:

Recommended Preparation:

Limits on Enrollment:

Schedule of Classes Information:

Description: Fundamentals of Epee fencing with an emphasis in basic footwork, attacks, parries, bladework, and bout experience. (Grade or P/NP) Prerequisites/Corequisites: Recommended: Limits on Enrollment: Transfer Credit: Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer	Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Student Learning Outcomes:

At the conclusion of this course, the student should be able to:

- 1. Apply strategic epee footwork.
- 2. Execute competetive attacks, defenses, and counterattacks.
- 3. Demonstrate an understanding of epee rules and concepts for competition.
- 4. Apply offensive and defensive strategies in competition.

Objectives:

Upon completion of the course, students will be able to:

- 1. Perform various flexibility exercises.
- 2. Demonstrate the basic epee fencing positions.
- 3. Demonstrate basic epee fencing footwork.
- 4. Demonstrate beginning bladework positions.
- 5. Analyze basic epee fencing attacks.
- 6. Construct beginning epee fencing defenses.
- 7. Assist as director of a bout.

Topics and Scope:

- I. Footwork
 - A. First position
 - B. On guard
 - C. Advance
 - D. Retreat
 - E. Lunge
 - F. Jump
- II. The Epee
 - A. Piste, targets
 - **B.** Dimensions
 - C. Holding the weapon
- III. Basic attacks
 - A. Point

B. Cuts IV. Basic defense V. Introduction to strategies VI. Rules and Safety

Assignment:

Students are expected to spend an additional one and one-half hours per week outside of class on one or more of the following activities:

- 1. Physical training and conditioning
- 2. Practice and competition in beginning epee fencing
- 3. Establishing individual goals
- 4. Quizzes (2-4)

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Exams: All forms of formal testing, other than skill performance exams.

Quizzes: Multiple choice / true false

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance and Participation, training and conditioning, Individual goals

Representative Textbooks and Materials:

Fencing: Steps to Success. Cheris, Elaine. Human Kinetics 2001 (classic) Instructor prepared materials Writing 0 - 0%

Problem solving 0 - 0%

Skill Demonstrations 20 - 30%

Exams 20 - 30%

Other Category 40 - 60%