#### NRV 58B Course Outline as of Fall 2021

## **CATALOG INFORMATION**

Dept and Nbr: NRV 58B Title: INTERMED VN SKILLS LAB

Full Title: Intermediate Vocational Nursing Skills Lab

Last Reviewed: 9/28/2015

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	3.00	17.5	Lab Scheduled	52.50
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	52.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00 Total Student Learning Hours: 52.50

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

### **Catalog Description:**

Demonstration and supervised practice of intermediate vocational nursing: adult/geriatric, maternal-child, pediatric skills based on scientific principles and concepts from theory. Concepts related to mental health and growth and development will be integrated into skills. Planning and implementing intermediate adult/geriatric, maternal-child, and pediatric patient care are done in the simulated clinical setting relevant to steps in the nursing process: assessment, planning, implementing, evaluation and documentation. Students will practice and demonstrate skills in the lab setting prior to the assignment of these skills in the clinical setting.

# **Prerequisites/Corequisites:**

Course Completion of NRV 51 and NRV 58A and NRV 51L and Concurrent Enrollment in NRV 52.1 and NRV 52.2 and NRV 52.2L and NRV 52.1L

# **Recommended Preparation:**

#### **Limits on Enrollment:**

# **Schedule of Classes Information:**

Description: Demonstration and supervised practice of intermediate vocational nursing:

adult/geriatric, maternal-child, pediatric skills based on scientific principles and concepts from theory. Concepts related to mental health and growth and development will be integrated into skills. Planning and implementing intermediate adult/geriatric, maternal-child, and pediatric patient care are done in the simulated clinical setting relevant to steps in the nursing process: assessment, planning, implementing, evaluation and documentation. Students will practice and demonstrate skills in the lab setting prior to the assignment of these skills in the clinical setting. (Grade or P/NP)

Prerequisites/Corequisites: Course Completion of NRV 51 and NRV 58A and NRV 51L and Concurrent Enrollment in NRV 52.1 and NRV 52.2 and NRV 52.2L and NRV 52.1L

Recommended:

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

# **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

# **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Incorporate the theoretical principles from intermediate med-surg and maternal-child nursing courses: NRV 51, NRV 5
- 2. 1 and NRV 52 to demonstrate the planning and implementation of intermediate skills for adult/gerontological, pediatric and maternal-child clients.

Apply infection control principles and standard precautions to the implementation of intermediate nursing skills for the adult, gerontological, pediatric, and maternal-child client.

3. Demonstrate psychomotor competency of select intermediate and more complex nursing skills, including that of mental health, for the adult/gerontolgical, pediatric and maternal child client.

# **Objectives:**

Upon completion of this course, students will be able to:

- 1. Incorporate theoretical principles from the fundamentals/basic medical surgical skills course into the planning and implementation of intermediate nursing skills for adult, maternal-child, and pediatric patients.
- 2. Use anatomical landmarks to perform physical assessments and implement therapeutic

procedures for adult, maternal-child, and pediatric patients.

- 3. Demonstrate psychomotor competency in the performance of selected intermediate skills.
- 4. Communicate therapeutically with adult, maternal-child and pediatric patients including those with mental health issues.
- 5. Teach fundamental self-care skills to patients and parents of pediatric patients.
- 6. Plan and implement preoperative and postoperative care.
- 7. Evaluate effectiveness of nursing interventions on adult, maternal-child, and pediatric patients.
- 8. Work cooperatively as a team member to ensure that all members achieve learning objectives.
- 9. Adapt procedures to meet patients' needs.

### **Topics and Scope:**

- 1. Team learning strategies for intermediate vocational nursing skills for adult/gerontologic, maternal child and pediatric patients, including mental health
- 2. Review and apply principles from the prerequisite courses to adult, maternal child, pediatric skills:
  - a. Infection control
  - b. Sterile technique
  - c. Therapeutic communication
  - d. Assaultive behavior management
  - e. Health care teaching to patients and family
- 3. Use of anatomical landmarks:
  - a. Adults vs. children
  - b. In administering injections
  - c. In complex dressing changes
  - d. In nasogastric intubation
- 4. Planning and adapting procedures for patients with multiple illnesses:
  - a. Positioning
  - b. Activity tolerance
  - c. Prioritizing
- 5. Perioperative care:
  - a. Patient and parent teaching
  - b. Preoperative preparation
  - c. Care in the immediate post-operative period
  - d. Oral airway, suction Ambu bag (adult/pediatric)
  - e. Evaluation
  - f. Documentation
- 6. Injections/IV (intravenous) Site Care, Blood Transfusions:
  - a. Intradermal and Mantoux test interpretation
  - b. Pediatric injections, intramuscular, subcutaneous
  - c. Adult/pediatric IV site care and blood transfusions
  - d. Documentation
- 7. Enteral tubes:
  - a. Nasogastric tube insertion
  - b. Tube maintenance
    - 1. Decompression tubes.
    - 2. Feeding tubes.
  - c. Tube feeding:
    - 1. Nasogastric.
    - 2. Nasojejeuna.
    - 3. Percutaneous tubes.
  - d. Using tubes for medication administration

- e. Evaluation
- f. Documentation
- 8. Wound care:
  - a. Assessment
  - b. Irrigation
  - c. Debridement
  - d. Techniques for promoting tissue re-growth
  - e. Ostomy Care
  - f. Removal of sutures and clips, placement of strips review
  - g. Evaluation
  - h. Documentation
- 9. Pediatric catheters, adult catheter irrigations:
  - a. Purposes and techniques
  - b. Wound drains
  - c. Urinary drainage systems
  - d. Evaluation
  - e. Documentation

### **Assignment:**

- 1. Reading assignments: approximately 20-50 pages per week from skills textbook in preparation of practice.
- 2. View required multi-media demos.
- 3. Attend scheduled demonstrations.
- 4. Discuss textbook-instructor and instructor-instructor variations.
- 5. Practice skills as a member of a learning team.
- 6. Online pre-quizzes and case scenarios.
- 7. Demonstrate competency with a maximum of three attempts on the skills lab rubric criteria.
- 8. Completion of 6-8 skill competencies.
- 9. Continue development of the skills portfolio.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Portfolio for skills and documentation of skills per case scenario.

Writing 0 - 5%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving 0 - 0%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Successful completion of skill competency.		75 - 90%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	_	
Online pre-quizzes and case sencarios.		Exams 10 - 20%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	_	
None		Other Category 0 - 0%

#### **Representative Textbooks and Materials:**

- 1. Course syllabi. Current Edition. Available online only.
- 2. VN Faculty, Vocational Nursing Student Handbook, Current Edition. Available online only.
- 3. Elsevier Bundle that includes E-books, 2007-2014.
- a. deWit, S. C., Kumagi, C.K. Medical-Surgical Nursing: Concepts & Practice, 2nd Edition, 2012, Saunders Elsevier.
- b. deWit, Virtual Clinical Excursions 3.0 for Medical-Surgical Nursing, 4th Edition, 2013, Saunders Elsevier
- c. Hill & Howlett Success in Practical/Vocational Nursing, 7th Edition, 2013, Saunders, Elsevier
- d. Hodgson, Nursing Drug Handbook, 2014, Saunders
- e. Kee, Hayes & McCuistion, Pharmacology: A Nursing Approach, 8th Edition, 2014, Saunders Elsevier
- f. Elsevier Adaptive Learning for Kee's Pharmacology, 8th Edition 2014
- g. Morrison-Valfre, Foundations of Mental Health Care, 5th Edition, 2012, Saunders Elsevier
- h. Mosby's Nursing Video Skills: Student Online Version (User Guide and Access Code), 5th Edition, 2013, Saunders Elsevier
- i. Pagana and Pagana, Mosby's Manual of Diagnostic & Laboratory & Tests, 5th Edition, 2014, Saunders Elsevier
- j. Perry, Potter & Elkin, Nursing Interventions & Clinical Skills, 6th Edition, 2014, Saunders Elsevier
- k. Silvestri, Saunders Comprehensive Review for the NCLEX-PN® Examination, 6th Edition, 2014, Saunders Elsevier
- 1. Touhy & Jett. Gerontological Nursing and Healthy Aging, 4th Edition, 2014, Mosby
- m. Leifer, Introduction to Maternity & Pediatric Nursing, Saunders Elsevier, 7th Edition, 2014
- n. Leifer, Virtual Clinical Excursions for Introduction to Maternity & Pediatric Nursing, 7th Edition, 2007, Saunders Elsevier
- o. Mosby's Nursing Video Skills: Care of Infants and Children DVDs, 2007
- p. Mosby's Nursing Video Skill: Maternal, Newborn and Women's Health DVDs, 2007
- q. Potter: Fundamentals of Nursing, 8th Edition, 2013
- r. Elsevier Adaptive Learning for Potter's Fundamentals of Nursing, 8th Edition 2014
- s. Elsevier Adaptive Quizzing for DeWit's Medical-Surgical Nursing, 2nd Edition 2014
- t. Elsevier Adaptive Quizzing for the NCLEX-PN Exam, 2014
- u. Leifer: Study Guide for Introduction to Maternity & Pediatric Nursing, 7th Edition 2014