

**HLC 122L Course Outline as of Fall 2020****CATALOG INFORMATION**

Dept and Nbr: HLC 122L Title: HEALTH CAREERS LAB II

Full Title: Health Careers Academy Lab II

Last Reviewed: 2/22/2016

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	0.75	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	0.75	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	2.50		Contact DHR	43.75
		Contact Total	2.50		Contact Total	43.75
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 43.75

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

This course is designed to build upon introductory concepts that explore opportunities in the healthcare field through laboratory and fieldwork experiences. Career exploration will focus on the following health career profiles: medicine, nursing, dental, nutrition, public health, therapy and rehabilitation. Healthy Eating Active Living content will be learned and implemented in a health outreach campaign. Students will learn healthcare relevant professional communication skills.

**Prerequisites/Corequisites:**

Course Completion or Current Enrollment in HLC 122

**Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

**Limits on Enrollment:**

Due to hospital requirements students must be 16 years of age or older and meet the following immunizations and vaccination requirements; MMR, Varicella-Zoster, Hepatitis B, Tdap, seasonal influenza, and current TB clearance.

**Schedule of Classes Information:**

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opportunities in the healthcare field through laboratory and fieldwork experiences. Career exploration will focus on the following health career profiles: medicine, nursing, dental, nutrition, public health, therapy and rehabilitation. Healthy Eating Active Living content will be learned and implemented in a health outreach campaign. Students will learn healthcare relevant professional communication skills. (Grade Only)

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Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU GE:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>IGETC:</b>	<b>Transfer Area</b>	<b>Effective:</b>	<b>Inactive:</b>
<b>CSU Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>
<b>UC Transfer:</b>		<b>Effective:</b>	<b>Inactive:</b>

**CID:**

**Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

1. Describe health career profiles: nursing, dental, nutrition, public health, therapy and rehabilitation.
2. Demonstrate industry-relevant professional communication skills.

### **Objectives:**

Upon completion of this course, the student will be able to:

1. Describe workplace ethics and explain the importance of ethical standards, confidentiality, Health Insurance Portability and Accountability Act (HIPAA), and patient rights in healthcare professions.
2. Implement techniques of current infection control precautions in a clinical setting.
3. Demonstrate understanding of focused healthcare career profiles: nursing, dental, nutrition, public health, therapy and rehabilitation.
4. Explain principles of case management and treatment planning related to public health.
5. Identify current Sonoma County public health issues.
6. Participate in community program teaching Healthy Eating and Active Living outreach.
7. Proficient in healthcare relevant professional communication skills.

### **Topics and Scope:**

- I. Overview of healthcare facilities and agencies
  - A. Hospitals
  - B. Subacute care
  - C. Extended care
  - D. Outpatient clinic
  - E. Home Health
  - F. Rehabilitation centers
  - G. Mental Health
  - H. Hospice
  - I. Volunteer
- II. Overview of healthcare careers:
  - A. Medicine/ Physician
  - B. Nursing:
    - 1. Registered Nurse.
    - 2. Licensed Vocational Nurse.
    - 3. Certified Nursing Assistant.
  - C. Dental:
    - 1. Dentist
    - 2. Dental Hygienist
    - 3. Dental Assistant
  - D. Therapy and rehabilitation
    - 1. Physical Therapist
    - 2. Physical Therapist Assistant
    - 3. Occupational Therapist
    - 4. Occupational Therapy Assistant
    - 5. Respiratory Therapist
    - 6. Massage Therapist
  - E. Nutrition:
    - 1. Registered Dietician
    - 2. Dietetic Technician
- III. Public Health:
  - A. Public Health Assessment
  - B. Major Sonoma County public health issues
  - C. Healthy Eating Active Living programs
  - D. Cultural awareness and sensitivity
    - 1. Cultural beliefs and healthcare.
    - 2. Improving cross-cultural communication.
- IV. Procedures and skills
  - A. Techniques to control spread of infection:
    - 1. Current infection control precautions
    - 2. Medical asepsis and gloving
  - B. Professional behavior
  - C. Healthcare-relevant professional communication skills
  - D. Population-appropriate implementation of Healthy Eating Active Living outreach
  - E. Cardiopulmonary Resuscitation techniques for healthcare providers

**Assignment:**

- 1. Health careers fieldwork: job shadowing at local hospitals, clinics, and public health outreaches for 20-30 hours.
- 2. Lab competencies in Cardiopulmonary Resuscitation for healthcare providers.
- 3. Complete communication skills workshop, including writing assignments, role playing, and

written exam.

4. Writing Assignment: Complete 5-10 medical taxonomy worksheets based on student shadow experiences.

5. Fieldwork: students participate in a Healthy Eating Active Living public health outreach utilizing nutrition and anatomy knowledge.

6. Complete 2-5 quizzes.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Taxonomy worksheets, journals, communication skills written assignment.

Writing  
10 - 40%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Time management assignments, worksheets, role-playing.

Problem solving  
15 - 25%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

CPR for Healthcare Providers. Industry-relevant communication skills.

Skill Demonstrations  
10 - 30%

**Exams:** All forms of formal testing, other than skill performance exams.

Quizzes, exams.

Exams  
15 - 30%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Class participation, fieldwork experiences ( mandatory), attendance.

Other Category  
10 - 25%

### Representative Textbooks and Materials:

Crucial Conversations, Patterson, K., Grenny, J., McMillan, R., Switzler, A., 2012

Instructor prepared materials