#### EMC 133A Course Outline as of Fall 2018

# **CATALOG INFORMATION**

Dept and Nbr: EMC 133A Title: PARAMEDIC 1A - PREP. Full Title: Paramedic Theory 1A - Preparatory Last Reviewed: 9/26/2022

Units		Course Hours per Wee	ek	Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	9.50	Lecture Scheduled	10.00	13	Lecture Scheduled	130.00
Minimum	9.50	Lab Scheduled	9.00	13	Lab Scheduled	117.00
		Contact DHR	0		Contact DHR	0
		Contact Total	19.00		Contact Total	247.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 260.00

Total Student Learning Hours: 507.00

Title 5 Category:	AA Degree Applicable
Grading:	Grade Only
Repeatability:	00 - Two Repeats if Grade was D, F, NC, or NP
Also Listed As:	
Formerly:	EMC 130A

#### **Catalog Description:**

First course in a series leading to the completion of paramedic didactic training. Emphasis is on preparatory, airway management, patient assessment and pharmacology in the pre-hospital environment. The California Health and Safety Code, Title 22 regulations, the National Emergency Medical Services Education Standards (NEMSES) as published by U.S. Department of Transportation (DOT).

#### **Prerequisites/Corequisites:**

Course Completion of ANAT 40, and EMC 109, EMC 114; and Concurrent Enrollment in EMC 131A; OR Course Completion of ANAT 58, and EMC 109, EMC 114; and Concurrent Enrollment in EMC 131A

# **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100; AND Course Completion of CSKLS 372 and EMC 105

#### **Limits on Enrollment:**

Enrollment in Paramedic Academy

#### **Schedule of Classes Information:**

Description: First course in a series leading to the completion of paramedic didactic training.

Emphasis is on preparatory, airway management, patient assessment and pharmacology in the pre-hospital environment. The California Health and Safety Code, Title 22 regulations, the National Emergency Medical Services Education Standards (NEMSES) as published by U.S. Department of Transportation (DOT). (Grade Only) Prerequisites/Corequisites: Course Completion of ANAT 40, and EMC 109, EMC 114; and Concurrent Enrollment in EMC 131A; OR Course Completion of ANAT 58, and EMC 109, EMC 114; and Concurrent Enrollment in EMC 131A Recommended: Eligibility for ENGL 100 or ESL 100; AND Course Completion of CSKLS 372 and EMC 105 Limits on Enrollment: Enrollment in Paramedic Academy Transfer Credit: Repeatability: Two Repeats if Grade was D, F, NC, or NP

# **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: CSU GE:	Area Transfer Area	Effective: Effective:	Inactive: Inactive:
<b>IGETC:</b>	Transfer Area	Effective:	Inactive:
CSU Transfer	Effective:	Inactive:	
UC Transfer:	Effective:	Inactive:	

CID:

**Certificate/Major Applicable:** 

Both Certificate and Major Applicable

# **COURSE CONTENT**

# **Student Learning Outcomes:**

At the conclusion of this course, the student should be able to:

- 1. Describe his/her role within an Emergency Medical Service (EMS) system.
- 2. Describe the relationship of anatomy and physiology as it relates to the pathophysiology of the

ill and injured patient.

- 3. Demonstrate ability to manage an adult airway.
- 4. Identify and demonstrate components of an adult patient assessment.
- 5. Integrate comprehensive knowledge of pharmacology to formulate a treatment plan for the ill or injured patient in the pre-hospital setting.
- 6. Describe and demonstrates techniques to administer medications as outlined in California Title 22, paramedic scope of practice and National Registry of Emergency Medical Technician.
- 7. Describes physiology and pathophysiology of shock and infectious disease and implement a comprehensive management plan in the pre-hospital setting.

# **Objectives:**

- 1. Demonstrate skills required of the Emergency Medical Technician (EMT).
- 2. Explain the roles and responsibilities of the paramedic in contemporary society.
- 3. Integrate knowledge of the EMS system, the safety and well-being of the paramedic, medlegal

and ethical issues as it relates to self-care, care of patients and the community.

- 4. Discuss principles of public health and epidemiology as it relates to medical emergencies, health promotion, community care, and illness and injury prevention.
- 5. Demonstrate written communication skills as required to function as a paramedic.
- 6. Demonstrate appropriate verbal communication skills that are respectful, culturally sensitive and effective during patient encounters.
- 7. Discuss methodology of the collection and reporting of data used for epidemiological and research purposes.
- 8. Integrate knowledge of anatomy and physiology as it relates to the understanding of illness and injury.
- 9. Integrate scene and patient assessment findings to develop strategies to form a field impression through clinical reasoning.
- 10. Demonstrate an organized patient assessment utilizing appropriate history taking, physical examination and monitoring devices.
- 11. Identify key terms related to the adult airway.
- 12. Discuss the anatomy, physiology and pathophysiology of the adult airway.
- 13. Explain and demonstrate airway management of the adult patient.
- 14. List key terms related to field care pharmacology.
- 15. Discuss the basic concepts of pharmacology related to pertinent federal and state legislation and regulations.
- 16. Explain the concepts of pharmacokinetics and pharmacodynamics.
- 17. Discuss anatomy and physiology concepts related to medication administration.
- 18. Describe the classifications, indications, contraindications, side effects, dosages and routes of administration for medications commonly administered by paramedics.
- 19. Explain and demonstrate routes of intravenous access, including peripheral and intraosseous routes.
- 20. Review mathematical equivalents and discuss formulas as a basis for performing drug calculations.
- 21. Synthesize a pharmacologic management plan including medication administration.
- 22. List key terms related to hypoperfusion.
- 23. Discuss the anatomy, physiology, and pathophysiology related to hypoperfusion and shock states.
- 24. Based on assessment findings, formulate a treatment plan for a hypoperfusion patient.

# **Topics and Scope:**

- I. History of Emergency Medical Services (EMS)
  - A. Prior to WWII
  - B. 1960-1989
  - C. 1990 to present
- II. EMS systems
  - A. Components
  - B. Medical direction
- III. Professionalism of EMS Personnel
  - A. Roles and responsibilities
  - B. Leadership/affective characteristics
  - C. Credentialing/licensing
  - D. Ethics
  - E. Continuing Education (CE)
  - F. Research
- IV. Skills Review of Emergency Medical Technician
  - A. Gurney operation

- B. National Registry skills
- V. Workforce Safety and Wellness
  - A. Personal protective equipment
  - B. Stress management
  - C. Body dynamics
  - D. Transportation equipment
  - E. Principles of wellness
  - F. Principles of public health
- VI. EMS Communication System
  - A. System components
  - B. Verbal
  - C. Written
  - D. Radio protocol
- VII. Therapeutic Communication
  - A. Interpersonal
  - B. Interview techniques
  - C. Difficult patients
- VIII. Medical Legal Issues
  - A. Consent and refusal of care
  - B. Types of consent
  - C. Confidentiality
  - D. Advanced directives
  - E. Tort and criminal actions
  - F. Statutory responsibilities
  - G. Mandatory reporting
  - H. Patient rights and advocacy
- IX. Review of Anatomy and Physiology
  - A. Medical terminology
  - B. Cellular and organ organization
  - C. Review of systems
- X. Airway Management
  - A. Basic adjuncts and techniques
  - B. Respiratory anatomy and physiology
  - C. Advanced adjuncts and techniques
- XI. Patient Assessment
  - A. Scene management
  - B. History taking
  - C. Physical exam techniques
  - D. Monitoring devices
- XII. Respiratory Emergencies
  - A. Review anatomy and physiology
  - B. Pathophysiology
  - C. Treatment and management
- XIII. Introduction to Pharmacology
  - A. Legislation
  - B. Classifications
  - C. Terminology
- XIV. Pharmacological Concepts
  - A. Pharmacokinetics
  - B. Pharmacodynamics
- XV. Medication Administration
  - A. Routes

- **B.** Calculations
- C. Techniques
- D. Scope of practice medications
- XVI. Immunology
  - A. Pathophysiology
  - B. Immune and inflammation response
  - C. Allergic reaction/anaphylaxis

# XVII. Infectious Diseases

- A. Modes of transmission and prevention
- B. Recognition and management of specific diseases
- C. Public health concerns

# XVIII. Shock

- A. Fluids and electrolytes
- B. Acid/base
- C. Physiology and pathophysiology
- D. Types of shock
- E. Management

All areas of the Topics and Scope are covered in both the Lecture and Lab portions of the course

# Assignment:

Lecture-Related Assignments:

- 1. Reading 50-80 pages per week
- 2. Interpretation of 15-20 treatment protocols
- 3. Interpretation of 30-35 drug monographs

Lab-Relate Assignments:

- 1. Demonstration of 20-40 skills (airway, medication administration, patient assessment)
- 2. Group projects (1 5)
- 3. Patient care reports (5 10)
- 4. Quizzes (25 30)
- 5. Group scenarios (10 15)
- 6. Substantive written examinations (2)
- 7. Substantive skills performance examinations (2)
- 8. Title 22 state mandated attendance

# Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Technical report writing (patient care reports)

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Patient simulations, patient scenarios, group projects

Writing 5 - 10%

# **Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

 Skill performance examinations
 Skill Demonstrations

 Skill performance examinations
 30 - 40%

 Exams: All forms of formal testing, other than skill performance exams.
 Exams

 Quizzes, short answers, multiple choice, substantive exams
 30 - 40%

 Other: Includes any assessment tools that do not logically fit into the above categories.
 Other Category

Affective behavior, attendance, participation in class discussions

# 15 - 25%

# **Representative Textbooks and Materials:**

Paramedic Care: Principles and Practice, Vols. 1-5. 5th ed. Bledsoe, Bryan and Porter, Robert and Cherry, Richard. Pearson. 2016 FISDAP Tracking and Testing Software