

NR 74A Course Outline as of Spring 2014**CATALOG INFORMATION**

Dept and Nbr: NR 74A Title: VN TO ADN BRIDGE

Full Title: VN to ADN Bridge

Last Reviewed: 1/28/2008

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	4.50	Lecture Scheduled	2.50	17.5	Lecture Scheduled	43.75
Minimum	4.50	Lab Scheduled	0	17.5	Lab Scheduled	0
		Contact DHR	6.00		Contact DHR	105.00
		Contact Total	8.50		Contact Total	148.75
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 87.50

Total Student Learning Hours: 236.25

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

Catalog Description:

Course is designed to increase the knowledge base of the Licensed Vocational Nurse (LVN) so that his/her knowledge base is consistent with that of the generic nursing student entering Level III of the SRJC Associate Degree Nursing (ADN) Program and meet the psychiatric nursing requirement as established by the Board of Registered Nursing. The psychiatric nursing component includes theory and clinical experience in the psychiatric setting.

Prerequisites/Corequisites:

Completion of ANAT 1, PHYSIO 1, FDNT 62; AND MICRO 60 OR MICRO 5 OR HLC 55

Recommended Preparation:**Limits on Enrollment:**

Admission to the VN to ADN Career Ladder program.

Schedule of Classes Information:

Description: Designed to increase knowledge base of the LVN so that it is consistent with that of the generic nursing student entering Level III of ADN program & meets the psychiatric nursing requirement. Includes theory, clinical practice & skills lab. Transfer credit: CSU. (Grade Only)

Prerequisites/Corequisites: Completion of ANAT 1, PHYSIO 1, FDNT 62; AND MICRO 60

OR MICRO 5 OR HLC 55

Recommended:

Limits on Enrollment: Admission to the VN to ADN Career Ladder program.

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of this course, the student will:

1. Describe the characteristics and legal role of the registered nurse.
2. Apply Orem's self-care deficit theory.
3. Compare and contrast care of an older adult with a medical or surgical condition with that of a young adult.
4. Describe the psychopathology of selected psychiatric illnesses.
5. Conduct interviews with psychiatric clients using goal-directed, therapeutic communication.
6. Assess clients' ability to meet their self-care needs.
7. Demonstrate proficiency in documentation consistent with agency policy.
8. Implement nursing care plans for clients in various mental health clinical settings.
9. Analyze the rationale for nursing and medical interventions.
10. Describe the therapeutic use of psychotropic agents in the treatment of psychopathology.
11. Identify community resources that may be utilized to meet clients' needs.
12. Apply therapeutic principles in caring for clients who
 - A. are exhibiting self-destructive behavior.
 - B. are severely depressed and demonstrating suicidal ideation.
 - C. have thought disorders.
 - D. have substance abuse disorders.
 - E. have dementia or delirium.
 - F. have anxiety disorder.
 - G. have mood/affective disorders.

- H. are children or adolescents.
- I. are victims of violence.
- J. are manifesting extreme anxiety.
- 13. Demonstrate safe and accurate administration of Intravenous Therapy including piggyback medications.

Topics and Scope:

- I. Professionalism in Nursing Theory Component
 - A. Role transition/legal aspects
 - B. Nursing models
 - C. Orem's Self-Care Deficit Theory
 - D. Nursing process
 - E. Communication theory
- II. Age-appropriate care
 - A. Older adults
 - B. Adults
 - C. Adolescents
 - D. Children
- III. Therapeutic Communication
 - A. General principles
 - B. The psychiatric interview
- IV. Nursing Care of the Psychiatric Client
 - A. The role of the nurse in the psychiatric setting
 - B. Personality disorders: Self-destructive behaviors
 - C. Depression and Suicide
 - D. Thought disorders
 - E. Substance abuse
 - F. Dementia and delirium
 - G. Anxiety disorders
 - H. Disturbances of mood and affect
 - I. Psychiatric disorders of childhood and adolescence
 - J. Victims of abuse and violence
 - K. Group process
- V. Documentation of care
 - A. Care Plans
 - B. Progress Notes
- VI. Psychiatric Nursing Skills Lab
 - A. Psychiatric nursing intervention skills
 - B. Cognitively impaired client with dementia
 - C. Client with delusions and hallucinations
 - D. Depression and suicide intervention
- VII. Medical-Surgical Skills Lab
 - A. Intravenous (IV) Therapy
 - B. IV piggyback

Assignment:

- 1. Read approximately 40-50 pages per week.
- 2. Skills lab practice, 5-7 lab sessions.
- 3. Gather data on psychiatric clients - weekly for 4 weeks.
- 4. Write 2 psychiatric nursing care plans - one on a geriatric client,

- and one on a psychiatric client.
5. Psychiatric patient care and documentation in clinical settings.
 6. Four exams.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, psychiatric nursing care plans, patient care documentation

Writing
5 - 10%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Patient lab scenarios, patient care in clinical setting

Problem solving
10 - 20%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Return demonstration of IV skills

Skill Demonstrations
10 - 20%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice

Exams
55 - 65%

Other: Includes any assessment tools that do not logically fit into the above categories.

None

Other Category
0 - 0%

Representative Textbooks and Materials:

Varcarolis, E.M. (2006) Foundations of Psychiatric Mental Health Nursing, 5th ed. Philadelphia: Saunders