

ANHLT 132 Course Outline as of Fall 2011**CATALOG INFORMATION**

Dept and Nbr: ANHLT 132 Title: INTRO CANINE ACUPRESSURE

Full Title: Introduction to Canine Acupressure and Massage

Last Reviewed: 5/22/2006

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	3.00	6	Lecture Scheduled	18.00
Minimum	1.00	Lab Scheduled	1.00	3	Lab Scheduled	6.00
		Contact DHR	0		Contact DHR	0
		Contact Total	4.00		Contact Total	24.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 36.00

Total Student Learning Hours: 60.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

Catalog Description:

An introduction to canine acupressure and massage methods intended to improve physical performance and behavior in the dog. Techniques will be practiced on a model.

Prerequisites/Corequisites:**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: An introduction to canine acupressure and massage methods intended to improve physical performance and behavior in the dog. Techniques will be practiced on a model. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Certificate Applicable Course

COURSE CONTENT

Outcomes and Objectives:

Upon completion of this course, the student will be able to:

1. Differentiate among conditions that respond to acupressure and massage and those which are veterinary medical concerns.
2. Identify acupressure points and massage methods that are intended to achieve improvement in canine performance (gait quality and coordination).
3. Identify acupressure points and massage methods that are intended to achieve improvement in canine behavior and learning ability.
4. Demonstrate on a model proper techniques and safety precautions for performing acupressure.
5. Demonstrate on a model proper techniques and safety precautions for massage methods.
6. Explain how to adapt acupressure and massage methods to varying degrees of canine skin sensitivity, muscle tension, and fear.

Topics and Scope:

- I. Acupressure and Massage
 - A. Behavior applications
 - B. Performance improvement applications
- II. Veterinary concerns
 - A. Medical Issues
 - B. Physical Therapy Options
- III. Behavior Improvement
 - A. Acupressure point locations
 1. Calming
 2. Pain relief
 3. Reduce muscle tension
 - B. Massage methods
- IV. Performance (Gait Quality and Coordination) Improvement
 - A. Acupressure point locations

1. To ease stiff joints
 2. To relax tight back and hip muscles
- B. Massage methods
- V. Acupressure Technique
- A. Stance and hand position
 - B. Theory of and process for evaluating Qi flow
 - C. Safety concerns
- VI. Massage Technique
- A. Stance and hand position
 - B. Evaluation of muscle tone
 - C. Safety concerns
- VII. Adaptations
- A. Skin sensitivity
 - B. Muscle tension or pain
 - C. Fearful canines

Assignment:

1. Read instructor prepared materials, approximately 10 - 15 pages per week.
2. Working on models, demonstrate proper massage methods.
3. Working on models, demonstrate proper safety procedures.
4. Using models, identify pressure points.
5. Quizzes (1-2); final exam; performance exam, demonstrating techniques using models.

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Performance exams, Demonstration of methods and safety procedures.

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion,
Short answer.

Exams
40 - 60%

Other: Includes any assessment tools that do not logically
fit into the above categories.

Attendance and participation.

Other Category
10 - 20%

Representative Textbooks and Materials:

Instructor prepared materials.

Amy Snow, The Well-Connected Dog: A Guide to Canine Acupressure, Tallgrass
Publishers, 1999.