

PHYED 67.3 Course Outline as of Fall 2011

CATALOG INFORMATION

Dept and Nbr: PHYED 67.3 Title: FENCING - ADV.
Full Title: Advanced Fencing
Last Reviewed: 2/10/2003

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	1.00	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	1.00	Lab Scheduled	2.00	3	Lab Scheduled	35.00
		Contact DHR	0		Contact DHR	0
		Contact Total	2.00		Contact Total	35.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 35.00

Title 5 Category: AA Degree Applicable
Grading: Grade or P/NP
Repeatability: 22 - 4 Times in any Comb of Levels
Also Listed As:
Formerly: PE 16.3

Catalog Description:
Students will learn advanced skills and techniques of foil fencing. Students will learn advanced strategies for competition, individual lesson skills, both giving and taking, and advanced refereeing skills in bouts using competitive electric scoring.

Prerequisites/Corequisites:

Recommended Preparation:
Course Completion of PHYED 67.2 (or PE 16.2 or PE 132.2)

Limits on Enrollment:

Schedule of Classes Information:
Description: This class will follow a format that includes daily warm-up, footwork practice, paired off drills on advanced skills and techniques of foil fencing and free bouting. The class also includes daily-referred bouts with the students acting as referees, and theory lectures concerning strategy and tactics. (Grade or P/NP)
Prerequisites/Corequisites:
Recommended: Course Completion of PHYED 67.2 (or PE 16.2 or PE 132.2)

Limits on Enrollment:

Transfer Credit:

Repeatability: 4 Times in any Comb of Levels

ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:

AS Degree:	Area	Effective:	Inactive:
CSU GE:	Transfer Area	Effective:	Inactive:
IGETC:	Transfer Area	Effective:	Inactive:
CSU Transfer:		Effective:	Inactive:
UC Transfer:		Effective:	Inactive:

CID:

Certificate/Major Applicable:

Major Applicable Course

COURSE CONTENT

Outcomes and Objectives:

The student will:

1. Set up opponents' actions and execute the solution.
2. Demonstrate advanced attacks, defense and counterattacks as a response to cues provided by the coach.
3. Understand the electric scoring apparatus and equipment and perform Maintenance.
4. Be familiar with complicated right of way issues and call them correctly while refereeing.

Topics and Scope:

- I. Footwork
 - A. Change of direction
 1. Footwork precision for optimal reaction time
 2. Luring the opponent with patterns
 - B. Acceleration
 1. Establishing footwork rhythm and breaking it
 2. Stop start
 3. Increased speed off the feint
 - C. Complex combinations
 1. Jump advance lunge
 2. Jump fleche
 3. Advance advance jump lunge
 4. Jump back fleche
- II. Strategy and Tactics
 - A. Counter time
 1. Parry riposte of the counterattack
 2. Feint in counter time

3. Arrest in counter time
- B. Changing targets
 1. Emphasis on flank
 2. Emphasis on shoulder
 3. Series of touches to changing targets
- C. Creating favorable situations
 1. False attacks
 2. Receiving a touch for strategic advantage
 3. False parries
- III. Drills
 - A. Giving/receiving German-style lessons
 1. Introduction of German system
 2. Speed and precision
 3. Emphasis on mobility of both coach and student
- IV. Attacks - Advanced
 - A. Flick
 1. Technique
 - a. physics
 - b. electric weapon
 - c. different targets
 - B. Feints
 1. By coupe
 2. By flick
 3. By grazing beats
 4. Multiple feints
 - C. Pressures
 1. Press disengage
 2. Press one-two
 3. Press double
 4. Press coupe
- V. Defense-Advanced
 - A. Parries
 1. High septieme
 - a. as counter parry
 - b. with mouline riposte
 2. Croise
 - a. as riposte
 - b. as counter-riposte
 3. Transport
 - a. as riposte
 - b. as counter-riposte
 4. Envelopment
 - a. as riposte
 - b. as counter-riposte
- VI. Counterattacks - Advanced
 - A. Stop hit - parry
 - B. Time thrust
 - C. Beat in time
- VII. Competition
 - A. Maintaining equipment
 - B. Advanced refereeing

Assignment:

Methods of Evaluation/Basis of Grade:

Writing: Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because skill demonstrations are more appropriate for this course.

Writing
0 - 0%

Problem Solving: Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

None

Problem solving
0 - 0%

Skill Demonstrations: All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances, Performance exams

Skill Demonstrations
20 - 40%

Exams: All forms of formal testing, other than skill performance exams.

Other

Exams
20 - 40%

Other: Includes any assessment tools that do not logically fit into the above categories.

Attendance

Other Category
30 - 60%

Representative Textbooks and Materials: