

**PSYT 74L Course Outline as of Spring 2011****CATALOG INFORMATION**

Dept and Nbr: PSYT 74L Title: MENTAL HLTH/PSY NUR

Full Title: Mental Health &amp; Psychiatric Nursing - Clinical

Last Reviewed: 2/10/2003

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	6.50	Lecture Scheduled	0	17.5	Lecture Scheduled	0
Minimum	6.50	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	19.10		Contact DHR	334.25
		Contact Total	19.10		Contact Total	334.25
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 0.00

Total Student Learning Hours: 334.25

Title 5 Category: AA Degree Applicable

Grading: P/NP Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Application of principles of nursing care for mentally disordered adolescents & adults with psychiatric diagnoses in hospitals, community & private psychiatric settings & chemical dependency treatment centers. Focus is on planning, implementation & evaluation of psychiatric treatment care including management of assaultive behavior, medication administration, documentation, activities of daily living & therapeutic interventions. Anatomical, physiological & psychosocial concepts are applied throughout the course.

**Prerequisites/Corequisites:**

Completion of PSYT 71 and 71L with a grade of "C" or better.

**Recommended Preparation:****Limits on Enrollment:****Schedule of Classes Information:**

Description: Application of principles of nursing care for mentally disordered adolescents & adults with psychiatric diagnoses. Focus is on planning, implementing and evaluating patient care in hospitals, community and private psychiatric centers and chemical dependency treatment

centers. Anatomical, physiological and psychosocial concepts are applied. (P/NP Only)  
 Prerequisites/Corequisites: Completion of PSYT 71 and 71L with a grade of "C" or better.  
 Recommended:  
 Limits on Enrollment:  
 Transfer Credit:  
 Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

### **CID:**

### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

### **Outcomes and Objectives:**

Upon completion of this course the student will be able to:

1. Describe the legal rights of patients and act in an ethical manner that will communicate appreciation, respect and protection for these rights.
2. Describe the dynamics and behavioral manifestations of assigned patients with psychiatric disorders.
3. Participate with other nursing team members in making observations of the patient.
4. Based upon the observations of the patient, participate with other team members in developing a psychiatric treatment program.
5. Implement the treatment program.
6. Evaluate the effectiveness of the treatment program.
7. Describe the various psychiatric treatment modalities and apply this knowledge when working with patients.
8. Describe elements necessary for a therapeutic ward milieu and participate with other team members to build and maintain this milieu.
9. Describe the characteristic therapeutic effects and adverse effects of the psychotropic drugs and safely prepare, administer, and chart psychotropic medication according to specific hospital policy.
10. Accurately and objectively report and record observations of patient behavior and progress.
11. Demonstrate assertiveness and professionalism with patients and nursing team members.
12. Identify stressors affecting his/her personal and professional life.

13. Demonstrate an ability to utilize coping skills effectively.
14. Reflect on and document professional and personal growth.

### Topics and Scope:

1. Professional ethics, legal issues, commitment procedures.
2. Overview of mental health and history of psychiatry.
3. Communication theory, interpersonal and therapeutic communication.
4. The therapeutic relationship, nursing process and documentation.
5. Developing and implementing psychiatric nursing care plans.
6. Effects of stress on general and mental health.
7. Mental status assessment, observation, reporting and recording.
8. Psychopharmacology-administration of psychotropic medications.
9. Psychiatric disorders.
10. Treatment modalities.

### Assignment:

1. Reading assignments in preparation for each clinical day (from required text and library, 40-50 pages per week).
2. Research and compile one written case study on assigned patient.
3. Required reading of specific supplemental material (discuss in clinical conferences).
4. Develop one-to-one relationship with selected patients and write six process recordings of these interactions.
5. Skills Lab: Participate in role playing student/patient scenerios.
6. Administer medications and treatments to select group of patients.
7. Produce nine behavioral notes per week for approximately eight weeks.
8. Perform specific designated therapeutic intervention as demonstrated in skills lab.
9. Write personal journal of experience.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Term papers, Process recordings, Personal Journal

Writing  
10 - 30%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Field work, Nursing care plans, clinical conferences

Problem solving  
20 - 40%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Field work, Performance exams, Role-playing

Skill Demonstrations  
50 - 70%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams  
0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

None

Other Category  
0 - 0%

**Representative Textbooks and Materials:**

PSYCHIATRIC NURSING, A PSYCHOTHERAPEUTIC APPROACH, Keltner, Schwecke  
Bostrom. 1999

Davis's Drug Guide for Nurses, 7th edition, 2001

Instructor prepared materials.