

**PSYT 71 Course Outline as of Spring 2011****CATALOG INFORMATION**

Dept and Nbr: PSYT 71 Title: FUND OF NURSING

Full Title: Fundamentals of Nursing

Last Reviewed: 2/12/2001

Units		Course Hours per Week		Nbr of Weeks	Course Hours Total	
Maximum	9.00	Lecture Scheduled	9.00	17.5	Lecture Scheduled	157.50
Minimum	9.00	Lab Scheduled	0	1	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	9.00		Contact Total	157.50
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 315.00

Total Student Learning Hours: 472.50

Title 5 Category: AA Degree Applicable

Grading: Grade Only

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly:

**Catalog Description:**

Course presents theoretical basis for care of adult patients with common medical/surgical conditions. Emphasis is on planning patient care for implementation in sub-acute and long term care settings. Pharmacology and application of anatomical, physiological and psychosocial concepts are integrated throughout the course.

**Prerequisites/Corequisites:**

Admission into the Psychiatric Technician program; high school graduation or equivalent; Computational Math Exam (minimum score: 25) or completion of CSKL 373A; eligibility for ENGL 100 or ESL 100. Completion of Anat 51 or HLC 50, with a grade of "C" or better.

**Recommended Preparation:**

HLC 60; previous Work Experience (WEOC 99) at a state hospital, psychiatric, or long term care setting.

**Limits on Enrollment:****Schedule of Classes Information:**

Description: Theoretical basis for care of adults w/common med/surg conditions. Emphasis is on planning PT care ofr implementation in sub-acute & LTC settings. Pharmacy & application of

anatomical, physio & psychosocial concepts are integrated throughout the course. (Grade Only)  
Prerequisites/Corequisites: Admission into the Psychiatric Technician program; high school graduation or equivalent; Computational Math Exam (minimum score: 25) or completion of CSKL 373A; eligibility for ENGL 100 or ESL 100. Completion of Anat 51 or HLC 50, with a grade of "C" or better.

Recommended: HLC 60; previous Work Experience (WEOC 99) at a state hospital, psychiatric, or long term care setting.

Limits on Enrollment:

Transfer Credit:

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

<b>AS Degree:</b>	<b>Area</b>	Effective:	Inactive:
<b>CSU GE:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>IGETC:</b>	<b>Transfer Area</b>	Effective:	Inactive:
<b>CSU Transfer:</b>		Effective:	Inactive:
<b>UC Transfer:</b>		Effective:	Inactive:

**CID:**

**Certificate/Major Applicable:**

Not Certificate/Major Applicable

## **COURSE CONTENT**

### **Outcomes and Objectives:**

The students will:

1. Describe the role and functions of the Psychiatric Technician and other members of the health care team.
2. Apply theoretical concepts of human anatomy and physiology to planning and implementing patient care with a focus on common medical-surgical conditions.
3. State the major, significant signs that distinguish a physically healthy person from a physically ill person.
4. Describe spiritual and nutritional needs of patients.
5. Describe principles relevant to patient documentation.
6. Describe frequently ordered diagnostic tests including physical and emotional preparation of the patient.
7. Develop a written treatment plan.
8. Describe treatment modalities and basic nursing skills commonly prescribed for medical-surgical patients.
9. Describe specific musculoskeletal procedures that promote function and prevent injuries in the patient with physical limitations.
10. Recognize abnormal laboratory values for commonly ordered tests.
11. Describe the therapeutic and adverse effects of the drugs commonly used in medical-surgical conditions.

12. Describe special needs of the gerontological patients.
13. State the legal rights of patients.
14. Recognize stressors affecting his/her personal and professional life.
15. Recognize the importance of further professional and self growth.

### **Topics and Scope:**

1. Ethical and legal issues.
2. Functions of health care team.
3. Patient safety.
4. Communication/documentation.
5. Basic patient assessment and care planning.
6. Basic nursing skills.
7. Hygiene needs.
8. Elimination.
9. Disorders of major body systems.
10. Gerontological considerations.
11. Pharmacology.
  - A. Drug classifications.
  - B. Mathematical computations (dosage and administration).
12. Care of surgical patient.
13. Spiritual/cultural considerations.

### **Assignment:**

1. Reading assignments in preparation for each lecture from required texts and library.
2. Required viewing of films and audio-visual media related specific content.
3. Clinical simulation and small work group assignments in classroom each week.

### **Methods of Evaluation/Basis of Grade:**

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Written homework, Reading reports
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Writing 10 - 20%
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**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Homework problems, Quizzes, Exams
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Problem solving 5 - 20%
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**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Class performances	Skill Demonstrations 5 - 15%
<b>Exams:</b> All forms of formal testing, other than skill performance exams.	
Multiple choice, True/false, Matching items, Completion	Exams 50 - 80%
<b>Other:</b> Includes any assessment tools that do not logically fit into the above categories.	
None	Other Category 0 - 0%

**Representative Textbooks and Materials:**

Rosdahl, TEXTBOOK OF BASIC NURSING, 7th edition, 1999, with accompanying student workbook. Publisher: Lippincott

Davis's Drug Guide for Nurses, 7th edition, 1999, Deglin, Vallerand.

Publisher: F.A. Davis