#### **CUL 200.14 Course Outline as of Spring 2011**

### **CATALOG INFORMATION**

Dept and Nbr: CUL 200.14 Title: GARDE MANGER

Full Title: Garde Manger Last Reviewed: 6/18/2001

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	0.50	Lecture Scheduled	1.50	4	Lecture Scheduled	6.00
Minimum	0.50	Lab Scheduled	2.00	2	Lab Scheduled	8.00
		Contact DHR	0		Contact DHR	0
		Contact Total	3.50		Contact Total	14.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 12.00 Total Student Learning Hours: 26.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 39 - Total 2 Times

Also Listed As:

Formerly: CULT200.14

#### **Catalog Description:**

Professional chef provides students with a foundation in Garde Manger, or the cold kitchen. Basic salad preparations, vinaigrettes, emulsified and non-emulsified dressings, cold sauces, salad condiments, sandwiches, canapes, cold hors d'oeuvres and their proper use.

#### **Prerequisites/Corequisites:**

### **Recommended Preparation:**

#### **Limits on Enrollment:**

#### **Schedule of Classes Information:**

Description: Professional Chef provides students with a foundation in Garde Manger, or the cold kitchen. Basic salad preparations, vinaigrettes, emulsified and non-emulsified dressings, cold sauces, salad condiments, sandwiches, canapes, cold hors d'oeuvres and their proper use. (Grade or P/NP)

Prerequisites/Corequisites:

Recommended:

Limits on Enrollment: Transfer Credit:

Repeatability: Total 2 Times

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

AS Degree: Area Effective: Inactive: CSU GE: Transfer Area Effective: Inactive:

**IGETC:** Transfer Area Effective: Inactive:

**CSU Transfer:** Effective: Inactive:

**UC Transfer:** Effective: Inactive:

CID:

#### **Certificate/Major Applicable:**

Certificate Applicable Course

## **COURSE CONTENT**

# **Outcomes and Objectives:**

The students will

- 1. Fabricate a variety of types of hors d'oeuvres, salads, and garnishes
- 2. Use sanitation techniques to prepare hors d'oeuvres, salads,forcemeats, mousses and garnishes safely.
- 3. Identify and use proper tools and equipment specific to garde manger. including those used in the creation of edible garnishes.
- 4. Prepare a variety of carved vegetables and fruits.
- 5. Practice presentation techniques.

# **Topics and Scope:**

- 1. Through lecture and demonstration, the student will be instructed in the proper handling, fabricating, and cooking techniques for a variety of garde manger items, including:
  - a. salads and dressings.
  - b. appetizers
  - c. forcemeat
  - d. mousse
  - e. cheeses
  - f. garnishes
- 2. All aspects of the cold kitchen will be discussed and practiced.
- 3. Presentation techniques will be utilized.
- 4. Students will taste and critique all recipes prepared.

### **Assignment:**

- 1. Practical laboratory work on various cooking techniques.
- 2. Evaluate and critique recipes.

#### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

None, This is a degree applicable course but assessment tools based on writing are not included because problem solving assessments and skill demonstrations are more appropriate for this course.

Writing 0 - 0%

**Problem Solving:** Assessment tools, other than exams, that demonstrate competence in computational or non-computational problem solving skills.

Lab Work

Problem solving 10 - 25%

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

Preparation and evaluation of cooked recipes.

Skill Demonstrations 60 - 80%

**Exams:** All forms of formal testing, other than skill performance exams.

None

Exams 0 - 0%

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance, attitude and participation

Other Category 10 - 25%

# Representative Textbooks and Materials:

Recipes and handouts prepared by instructor.