#### **HORT 120B Course Outline as of Fall 2010**

### **CATALOG INFORMATION**

Dept and Nbr: HORT 120B Title: MEDICINAL PLANTS

Full Title: Medicinal Plants Last Reviewed: 9/23/2002

Units		Course Hours per Week		Nbr of Weeks	<b>Course Hours Total</b>	
Maximum	1.50	Lecture Scheduled	3.00	8	Lecture Scheduled	24.00
Minimum	1.50	Lab Scheduled	0	8	Lab Scheduled	0
		Contact DHR	0		Contact DHR	0
		Contact Total	3.00		Contact Total	24.00
		Non-contact DHR	0		Non-contact DHR	0

Total Out of Class Hours: 48.00 Total Student Learning Hours: 72.00

Title 5 Category: AA Degree Applicable

Grading: Grade or P/NP

Repeatability: 00 - Two Repeats if Grade was D, F, NC, or NP

Also Listed As:

Formerly: AG 297.73

### **Catalog Description:**

The propagation, cultivation, and uses of medicinal herbs. Topics include planning and planting a medicinal herb garden, harvesting, drying, medicine making, and the beneficial uses of many medicinal herbs.

### **Prerequisites/Corequisites:**

Course Completion of HORT 120A (or AG 90.1)

### **Recommended Preparation:**

Eligibility for ENGL 100 or ESL 100

#### **Limits on Enrollment:**

### **Schedule of Classes Information:**

Description: The propagation, cultivation, and uses of medicinal herbs. Topics include planning and planting a medicinal herb garden, harvesting, drying, medicine making, and the beneficial uses of many medicinal herbs. (Grade or P/NP)

Prerequisites/Corequisites: Course Completion of HORT 120A (or AG 90.1)

Recommended: Eligibility for ENGL 100 or ESL 100

Limits on Enrollment:

**Transfer Credit:** 

Repeatability: Two Repeats if Grade was D, F, NC, or NP

## **ARTICULATION, MAJOR, and CERTIFICATION INFORMATION:**

**AS Degree:** Area Effective: Inactive: **CSU GE: Transfer Area** Effective: Inactive:

**Transfer Area IGETC:** Effective: **Inactive:** 

**CSU Transfer:** Effective: **Inactive:** 

**UC Transfer:** Effective: Inactive:

CID:

## Certificate/Major Applicable:

Not Certificate/Major Applicable

### **COURSE CONTENT**

# **Outcomes and Objectives:**

Upon successful completion of this course students will be able to:

- 1. Identify and describe cultural practices for medicinal plants.
- 2. Plan a planting and harvest schedule.
- 3. Identify characteristics of significant herb crop types and plant families.
- 4. Identify the importance of marketing the crop and list the options available locally and regionally.
- 5. Explain the medicinal uses of medicinal plants.
- 6. Discuss the anti-bacterial qualities of herbs and list the herbs in accordance with their greatest anti-bacterial benefits.
- 7. Demonstrate the use of soap making plants.
- 8. Evaluate properties of herbs and determine which plants encourage beneficial insects in the garden.
- 9. List the poisonous herbs according to their toxicity.
- 10. Create simple formulas of herbs that can be infused for distinctive benefits.

# **Topics and Scope:**

- 1. Crop selection, propagation, fertigation
- 2. Pest control, cultural practices
- 3. Seasonal planning for planting, harvest and sales
- 4. Pre and post-harvest techniques and marketing
- 5. Main medicinal uses of each plant6. Anti-bacterial qualities of herbs
- 7. Poisonous herbs
- 8. Designing an herb garden that attracts beneficials
- 9. Simple herbal formulas

### **Assignment:**

None

Class performances

- 1. Read and research cultural practices and medicinal values for a chosen medicinal plant.
- 2. Discuss research in small group format and present orally to class.
- 3. Write a minimum 3-page report on a selected medicinal herb, focusing on cultural practices and medicinal values.
- 4. Combine acid & basics substances with herbs to create soap products.
- 5. Complete toxicity worksheet.
- 6. Research and select dried herbs for the production of herbal teas.
- 7. Produce and package herbal teas.
- 8. Design an herb garden that encourages beneficial insects.

### Methods of Evaluation/Basis of Grade:

**Writing:** Assessment tools that demonstrate writing skills and/or require students to select, organize and explain ideas in writing.

Report.

Writing
10 - 20%

Problem Solving: Assessment tools, other than exams, that

demonstrate competence in computational or noncomputational problem solving skills.

**Skill Demonstrations:** All skill-based and physical demonstrations used for assessment purposes including skill performance exams.

**Exams:** All forms of formal testing, other than skill performance exams.

Multiple choice, True/false, Matching items, Completion

**Other:** Includes any assessment tools that do not logically fit into the above categories.

Attendance.

Problem solving 0 - 0%

Skill Demonstrations 20 - 40%

Exams 20 - 40%

Other Category 10 - 20%

# **Representative Textbooks and Materials:**

ENCYCLOPEDIA OF HERBS AND THEIR USES: by Deni Brown, Dorling Kindersley Publishing, 1995

THE HERBAL MEDICINE-MAKER'S HANDBOOK: by James Green, Wildlife and Green Publications, 1990